



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1	1	Ruben Amaral	00:15:00	00:29:28	00:29:27	1	Sporting Clube de Portugal	Senior	1
2	1815	Fearghal Curtin	00:15:00	00:29:30	00:29:29	2		Senior	2
3	1941	André Pereira	00:15:00	00:29:34	00:29:32	3	Sport Lisboa e Benfica	Senior	3
4	2304	Said Ameqrane	00:15:00	00:29:42	00:29:42	4		Senior	4
5	1277	Hugo Figueiredo	00:15:00	00:29:47	00:29:47	5	GFD Running	Senior	5
6	1943	Hugo Rocha	00:15:01	00:29:57	00:29:57	6	GD ESTREITO	Senior	6
7	1944	João Santos	00:15:08	00:30:22	00:30:21	7	Sporting Clube de Portugal	Senior	7
8	10	David Martín	00:15:08	00:30:29	00:30:28	8		V35	1
9	1817	Tiago Fonseca	00:15:08	00:30:52	00:30:51	9		Senior	8
10	1923	Simão Bastos	00:15:38	00:31:07	00:31:06	11	ACD Jardim da Serra	Senior	9
11	1708	Rui Mineiro	00:15:33	00:31:07	00:31:05	10	Sporting Clube de Portugal	Junior	1
12	2006	Duarte Cunha	00:15:47	00:31:13	00:31:11	12		Senior	10
13	1469	Joao Dias	00:15:52	00:31:18	00:31:18	13		Senior	11
14	2294	Alexandre Nobre	00:15:28	00:31:20	00:31:20	14	Sport Lisboa e Benfica	Senior	12
15	2298	André Barbosa	00:15:38	00:31:24	00:31:24	15		Junior	2
16	1298	Miguel Arsénio	00:15:50	00:31:31	00:31:30	16		Senior	13
17	1441	Bruno Santos	00:15:38	00:31:33	00:31:32	17		V35	2
18	1746	Nuno Lopes	00:15:42	00:31:45	00:31:44	18	Grupo Desportivo 3 Santos Populares - Carregal do Sal	V35	3
19	1273	Bruno Lourenço	00:15:52	00:31:53	00:31:53	19	GFD Running	V35	4



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
20	1512	Pedro Alves	00:16:16	00:32:18	00:32:18	20	Run Tejo - Prevent Sprain	Senior	14
21	1520	João Vaz	00:16:16	00:32:22	00:32:21	21		Senior	15
22	1502	Pedro Urbano	00:16:16	00:32:25	00:32:23	22		Senior	16
23	1800	António Moura	00:16:16	00:32:44	00:32:43	23		Senior	17
24	1280	Vítor Oliveira	00:16:34	00:32:48	00:32:46	24	GFD Running	V35	5
25	1462	João Antunes	00:16:30	00:33:08	00:33:07	25	Vitória Sport Clube	V35	6
26	1511	Carlos Tiago	00:16:56	00:33:21	00:33:20	26	Run Tejo - Prevent Sprain	V45	1
27	1790	Valter Costa	00:16:43	00:33:29	00:33:27	27		Senior	18
28	2187	Nuno Raposo	00:16:53	00:33:29	00:33:28	28		Senior	19
29	1472	André Costa	00:16:53	00:33:46	00:33:43	29		Senior	20
30	2240	Gonçalo Finote	00:17:00	00:33:50	00:33:48	30	SFRA Amadora	Junior	3
31	1303	Ivo Relveiro	00:17:00	00:33:52	00:33:49	31	RB RUNNING-SFRAA	Senior	21
32	2238	David Leitão	00:16:49	00:33:53	00:33:50	32	SFRA Amadora	Junior	4
33	990	André Corvo	00:17:14	00:33:57	00:33:55	34		V40	1
34	1266	Natanael Guerreiro	00:16:48	00:33:57	00:33:56	35	CF Os Belenenses	Senior	22
35	1310	Gonçalo Oliveira	00:17:14	00:33:58	00:33:55	33		Senior	23
36	1440	André Alves	00:16:56	00:34:10	00:34:09	36		V35	7
37	1513	Miguel Quaresma	00:17:21	00:34:11	00:34:10	37	Run Tejo - Prevent Sprain	V40	2
38	1300	Hugo Silva	00:17:15	00:34:19	00:34:17	38	RB RUNNING-SFRAA	V35	8



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
39	541	João Lopes	00:17:17	00:34:36	00:34:34	39	GDC Banco de Portugal	V35	9
40	2055	Mariana Vargem	00:17:14	00:34:41	00:34:38	40		Senior	1
41	2083	Miguel Leitão	00:17:41	00:34:45	00:34:42	41	Porcalhota Team - Falagueira Venda Nova	Senior	24
42	1407	Tiago Lousa	00:17:41	00:34:47	00:34:42	42		V40	3
43	1097	Francisco Matos	00:17:24	00:34:53	00:34:52	43		V35	10
44	1551	João Saldanha	00:17:33	00:35:00	00:34:58	45		Senior	25
45	806	Emília Pisoeiro	00:17:33	00:35:01	00:34:58	44		V35	1
46	2053	Nuno Soares	00:17:47	00:35:04	00:35:01	46		V40	4
47	781	Tomás Ribeiro	00:17:41	00:35:13	00:35:11	47		Junior	5
48	2114	André Freitas	00:18:08	00:35:17	00:35:13	48		Junior	6
49	1301	Jorge Cavalheiro	00:17:54	00:35:19	00:35:17	49	RB RUNNING-SFRAA	Senior	26
50	367	Sérgio Paiva	00:17:51	00:35:23	00:35:22	50		V50	1
51	826	João Ferreira	00:17:51	00:35:25	00:35:23	52		Senior	27
52	1199	Luis Machado	00:17:58	00:35:27	00:35:23	51		V35	11
53	1001	Filipe Marques	00:17:55	00:35:31	00:35:28	53		V35	12
54	1096	Tiago Corvo	00:17:50	00:35:33	00:35:32	54		V35	13
55	2293	Susana Cunha	00:18:04	00:35:42	00:35:42	57	Recreio Desportivo de Águeda	V35	2
56	2235	Rui Matias	00:18:04	00:35:42	00:35:38	55	SFRA Amadora	Senior	28
57	117	Rui Silva	00:18:06	00:35:43	00:35:40	56	Linda-a-Pastora Sporting Clube	V40	5



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SILVESTRE  
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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
58	1750	Carlos Silva	00:17:57	00:35:48	00:35:46	58	G.D.R da Reboleira	V40	6
59	1183	Rui Martins	00:17:53	00:35:51	00:35:49	59	Sporting Triatlo	V35	14
60	2277	Diogo Nunes	00:17:55	00:35:52	00:35:50	60	A.M.Atibá	Senior	29
61	552	Tiago Allen	00:18:10	00:35:53	00:35:52	61		V35	15
62	881	Nuno Ruela	00:17:56	00:36:05	00:36:04	62	Clube Desportivo Os Galgos Audazes	V50	2
63	261	Diogo Louro	00:18:09	00:36:19	00:36:12	63	Linda-a-Pastora Sporting Clube	V35	16
64	140	Daniel Araujo	00:18:10	00:36:20	00:36:18	64	Associação Desportiva de Palmeiros Sintra	V40	7
65	2243	Rodrigo Santos	00:18:01	00:36:22	00:36:20	65	SFRA Amadora	Senior	30
66	1650	Laura Silva	00:18:18	00:36:22	00:36:22	66		V40	1
67	1271	Tiago Castela	00:18:09	00:36:25	00:36:23	67	Ingleses Futebol Clube	V35	17
68	2225	João Eça	00:18:19	00:36:31	00:36:28	68		V40	8
69	2302	João Ginja	00:18:33	00:36:33	00:36:31	69	Linda-a-Pastora Sporting Clube	V55	1
70	522	Alfredo Veiga	00:18:18	00:36:36	00:36:31	70		Junior	7
71	1530	Ricardo Carvalho	00:18:15	00:36:37	00:36:34	71		V35	18
72	1779	Sérgio Pinto	00:18:17	00:36:43	00:36:37	72		Senior	31
73	1473	António Pinto	00:18:18	00:36:43	00:36:40	73	Associação Desportiva de Palmeiros Sintra	Senior	32
74	1302	Joao Mateus	00:18:24	00:36:49	00:36:46	74	RB RUNNING-SFRAA	V35	19
75	1527	Oscar Maia	00:18:34	00:36:55	00:36:54	77		V40	9
76	663	Kcénia Bougrova	00:18:20	00:36:55	00:36:54	75	Run Tejo - Prevent Sprain	Senior	2



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
77	2021	Tiago Simões	00:17:39	00:36:56	00:36:54	78		Senior	33
78	502	Hernâni Fernandes	00:18:43	00:36:58	00:36:56	80	GT10.30SX	V50	3
79	580	Pedro Conceição	00:18:25	00:36:59	00:36:54	76		V40	10
80	1503	Eugénio Neto	00:18:29	00:36:59	00:36:56	79		V60	1
81	797	Carlos Oliveira	00:18:34	00:37:06	00:37:04	82	MAXPROG	V50	4
82	1624	João Galo	00:18:26	00:37:08	00:36:58	81		V40	11
83	1578	Paulo Pais	00:18:34	00:37:08	00:37:07	83		V55	2
84	827	Rogério Santos	00:18:26	00:37:14	00:37:12	85		V35	20
85	2178	João Cruz	00:18:39	00:37:14	00:37:10	84	Team El Comandante	V40	12
86	309	Bernardo Silveira	00:18:30	00:37:16	00:37:14	86		Senior	34
87	803	João Jorge	00:18:30	00:37:18	00:37:17	87	GRCD Leião	Senior	35
88	77	Leonel Fonte	00:18:45	00:37:23	00:37:20	88	Linda-a-Pastora Sporting Clube	V35	21
89	1924	Sónia Ferreira	00:18:37	00:37:25	00:37:24	91	Team El Comandante	Senior	3
90	16	Fernando Miranda	00:18:52	00:37:26	00:37:24	89		V50	5
91	1665	Carlos Pedro	00:18:50	00:37:27	00:37:24	90		Senior	36
92	209	João Vieira	00:18:52	00:37:29	00:37:28	92		Senior	37
93	2020	Sara Baptista	00:18:43	00:37:30	00:37:29	93		Senior	4
94	1185	Marco Almeida	00:18:52	00:37:36	00:37:32	95		V45	2
95	581	Marco Belo	00:19:04	00:37:36	00:37:32	96		V45	3



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
96	706	Pedro Silva	00:19:04	00:37:36	00:37:30	94	Associação Vale Grande	V35	22
97	304	Rui Teixeira	00:18:50	00:37:37	00:37:34	97		V45	4
98	884	Nuno Teixeira	00:18:54	00:37:38	00:37:35	98		V45	5
99	912	Paulo Costa	00:18:54	00:37:41	00:37:38	99		V50	6
100	1852	Anastasiia Marchenko	00:18:52	00:37:43	00:37:42	101	Maratona CP	Senior	5
101	130	David Karim	00:19:25	00:37:44	00:37:40	100	Linda-a-Pastora Sporting Clube	V45	6
102	139	Ricardo Ceia	00:18:42	00:37:46	00:37:44	104	Sporting Clube de Casinhos	V35	23
103	1269	Fernando Santos	00:19:09	00:37:48	00:37:44	105	CF Os Belenenses	V50	7
104	310	Hugo Paulo	00:18:52	00:37:48	00:37:47	107		V45	7
105	1745	Jorge Pedroso	00:19:13	00:37:49	00:37:44	103	Amigos do Atletismo de Mafra	V50	8
106	1333	José Mestre	00:18:44	00:37:52	00:37:45	106		Senior	38
107	1471	Ercília Machado	00:19:23	00:37:52	00:37:52	111		V35	3
108	1822	Stanislav Solohu	00:19:00	00:37:53	00:37:52	110		Senior	39
109	1798	Frederico Lázaro	00:19:09	00:37:56	00:37:52	109		V45	8
110	958	Nuno Naia	00:19:02	00:37:56	00:37:52	108	Clube Millennium Bcp	V50	9
111	1515	Marina Domingues	00:19:25	00:38:01	00:37:57	112		V40	2
112	386	João Libânio	00:18:57	00:38:06	00:38:02	115		Senior	40
113	1858	Tiago Pires	00:19:31	00:38:06	00:37:42	102	Associação Vale Grande	Senior	41
114	2237	André Macedo	00:18:58	00:38:07	00:38:02	113	SFRA Amadora	Junior	8



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
115	1505	José Antunes	00:19:16	00:38:10	00:38:05	116		V55	3
116	1982	Tomás Gonçalves	00:19:10	00:38:11	00:38:06	117		Senior	42
117	1125	Hugo Pelica	00:19:21	00:38:13	00:38:09	118	Amigos do Atletismo de Mafra	V35	24
118	1308	Nelson Felix	00:19:16	00:38:13	00:38:02	114		V45	9
119	477	Nuno Santos	00:19:36	00:38:17	00:38:16	119	Grupo Recreativo e Desportivo da Ribeira da Lage	V45	10
120	369	Jorge Deus	00:19:09	00:38:19	00:38:18	120		V45	11
121	2239	Miguel Patrício	00:19:12	00:38:22	00:38:18	121	SFRA Amadora	Senior	43
122	49	Pedro Rodrigues	00:19:39	00:38:27	00:38:20	122		Senior	44
123	1220	Diogo Freitas	00:19:32	00:38:31	00:38:25	123		Senior	45
124	1628	Bruno Sousa	00:19:14	00:38:31	00:38:29	124	Run Tejo - Prevent Sprain	Junior	9
125	1849	Arina Stonozhenko	00:19:23	00:38:35	00:38:34	125	Maratona CP	Senior	6
126	668	José Silva	00:19:32	00:38:38	00:38:35	126		V50	10
127	224	Ricardo Martins	00:19:29	00:38:41	00:38:36	128		V35	25
128	1962	Adriano Miranda	00:19:37	00:38:41	00:38:36	129		V35	26
129	278	Fernando Almeida	00:19:35	00:38:43	00:38:36	127		V45	12
130	40	Helder Marques	00:19:13	00:38:44	00:38:39	130		V45	13
131	199	Bruno Carvalho	00:19:03	00:38:44	00:38:42	132		V45	14
132	494	António Murteira	00:19:32	00:38:45	00:38:41	131	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	4
133	333	Micael Escaleira	00:19:15	00:38:45	00:38:43	134		Junior	10



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
134	1383	Miguel Bernardo	00:19:43	00:38:46	00:38:42	133	Team El Comandante	V40	13
135	1279	Vera Nunes	00:19:36	00:38:48	00:38:47	136	GFD Running	V40	3
136	203	Artur Oliveira	00:19:32	00:38:50	00:38:47	137	CCD Sintrense	V50	11
137	2272	Rodrigo Luz	00:19:24	00:38:55	00:38:55	139		Senior	46
138	1201	Nuno Ferreira	00:19:39	00:38:57	00:38:46	135	NAZA	V50	12
139	918	Nuno Quintela	00:19:39	00:39:00	00:38:55	138	GRCD Leião	V35	27
140	311	Carlos Lourenço	00:19:50	00:39:11	00:39:03	140		V55	5
141	1617	Ricardo Casanova	00:20:09	00:39:12	00:39:04	141		V45	15
142	1317	Anabela Aguiar	00:19:34	00:39:14	00:39:12	144		Senior	7
143	1608	Nuno Santos	00:19:47	00:39:14	00:39:11	143		V50	13
144	157	Luis Gouveia	00:19:39	00:39:15	00:39:09	142		V35	28
145	1674	Bruno Marques	00:19:36	00:39:18	00:39:13	145		V40	14
146	847	Gonçalo Brás	00:19:45	00:39:20	00:39:16	147		V45	16
147	839	Sergio Ventura	00:19:32	00:39:22	00:39:17	148	Amigos do Atletismo de Mafra	V40	15
148	1467	Vicente Zarro	00:19:59	00:39:24	00:39:20	151		Senior	47
149	445	Fernando Pereira	00:19:47	00:39:26	00:39:22	153		V50	14
150	128	Artur Pereira	00:19:58	00:39:28	00:39:18	149	Linda-a-Pastora Sporting Clube	V50	15
151	936	Afonso Feijao	00:20:31	00:39:31	00:39:19	150	Clube Millennium Bcp	Senior	48
152	727	Ângelo Silva	00:19:58	00:39:31	00:39:22	152	CCDTMetroLX	V40	16





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SILVESTRE  
AMADORA

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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
153	1059	João Alves	00:20:02	00:39:32	00:39:13	146		V50	16
154	921	André Filipe	00:20:04	00:39:32	00:39:24	154	SS CGD	V35	29
155	1832	David Amaral	00:19:52	00:39:33	00:39:29	156	Clube de Natação da Amadora	V35	30
156	660	Pedro Serra	00:19:57	00:39:34	00:39:28	155	Team El Comandante	V40	17
157	824	Diogo Vieira	00:19:47	00:39:38	00:39:30	157		V35	31
158	346	Filipe Dias	00:19:59	00:39:44	00:39:32	158		V35	32
159	1181	Manuel Martin	00:20:06	00:39:46	00:39:41	159	ADRR - Associação Desportiva Recreativa O Relâmpago	Senior	49
160	2058	Orleans Ferreira	00:19:58	00:39:49	00:39:44	161		V55	6
161	1751	Paulo Moreira	00:20:11	00:39:53	00:39:48	163	G.D.R da Reboleira	V55	7
162	14	Rui Luis	00:19:56	00:39:54	00:39:51	165		Senior	50
163	1222	Paulo Costa	00:20:10	00:39:56	00:39:52	167		V55	8
164	1517	Jorge Almeida	00:20:05	00:39:56	00:39:47	162		V35	33
165	1927	4 Min/Km	00:19:59	00:39:56	00:39:51	166		V40	18
166	568	Nuno Romão	00:19:25	00:39:57	00:39:54	168		V50	17
167	777	Den Chuang	00:20:28	00:39:57	00:39:50	164	Team El Comandante	Senior	51
168	357	Nuno Silva	00:20:05	00:39:58	00:39:54	169	NAZA	V50	18
169	641	Jaime Duarte	00:20:15	00:40:02	00:39:58	174		V35	34
170	497	José Pinto	00:20:22	00:40:05	00:39:58	173	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	2
171	174	Filipe Gomes	00:20:06	00:40:05	00:39:57	172		V35	35



SÃO CORRIDA  
SILVESTRE  
AMADORA

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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
172	1337	José Duarte	00:20:11	00:40:07	00:39:55	171	Clube Desportivo Os Galgos Audazes	V50	19
173	1853	Rúben Ferreira	00:20:01	00:40:08	00:40:07	178		Senior	52
174	2108	Avelino Santos	00:20:35	00:40:09	00:40:02	175		Senior	53
175	342	Bruno Carriço	00:20:14	00:40:11	00:40:06	177		V35	36
176	2245	André	00:18:29	00:40:12	00:40:08	179	SFRA Amadora	Senior	54
177	1834	Tiago Castanheira	00:20:44	00:40:13	00:40:05	176		Senior	55
178	745	Mauro Brás	00:20:37	00:40:14	00:39:55	170		V40	19
179	468	João Tomaz	00:20:50	00:40:15	00:39:42	160		V35	37
180	1116	Nascimento Dias	00:20:14	00:40:16	00:40:08	180		V60	3
181	854	José Lopes	00:20:34	00:40:19	00:40:14	181	Associação Desportiva de Palmeiros Sintra	V60	4
182	98	Duarte Costa	00:20:45	00:40:23	00:40:21	184		V40	20
183	596	Sóstenes Barbosa	00:20:33	00:40:31	00:40:26	186		V40	21
184	1862	João Alves	00:20:18	00:40:33	00:40:19	183	PegasusOCRProteam	V35	38
185	442	João Antunes	00:20:32	00:40:36	00:40:25	185		Senior	56
186	867	Julia Lopes	00:20:42	00:40:36	00:40:30	188		Senior	8
187	1819	Manuel Traquete	00:20:28	00:40:38	00:40:32	189		Senior	57
188	335	Carlos Tomé	00:20:34	00:40:41	00:40:36	193		V55	9
189	1700	Ivo Pais	00:20:04	00:40:41	00:40:38	195		V35	39
190	1741	Luis Godinho	00:20:30	00:40:41	00:40:38	194	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	10



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
191	1804	Abilio Silva	00:20:32	00:40:43	00:40:35	191	GDRC PONTERROLENSE	V50	20
192	1205	Valter Junior	00:20:37	00:40:45	00:40:28	187		Senior	58
193	2171	Tiago Oliveira	00:20:15	00:40:47	00:40:40	196		V35	40
194	1128	Pedro Caravana	00:20:28	00:40:47	00:40:34	190		V50	21
195	303	Fábio Monte	00:20:31	00:40:47	00:40:41	197		V35	41
196	1908	Pedro Santos	00:21:11	00:40:48	00:40:36	192		Senior	59
197	1663	Hugo Simões	00:20:44	00:40:54	00:40:45	198		V45	17
198	1498	Rogério Silva	00:21:02	00:40:59	00:40:45	199		Senior	60
199	418	Mário Carvalho	00:20:36	00:41:00	00:40:55	202		V60	5
200	1397	Marcos Estrela	00:20:38	00:41:02	00:40:53	201		Senior	61
201	1193	Luis Silva	00:20:52	00:41:03	00:40:48	200		V40	22
202	1274	Catarina Tavora	00:20:44	00:41:04	00:41:01	207	GFD Running	Senior	9
203	1912	Pedro Tralhão	00:21:01	00:41:04	00:40:15	182		V40	23
204	100	Paulo Carvalho	00:20:46	00:41:06	00:40:56	204		V35	42
205	47	Pedro Temporão	00:20:38	00:41:07	00:41:03	209		V40	24
206	85	Diamantino Serrano	00:20:30	00:41:07	00:41:06	213	Correr Queluz	V45	18
207	28	Rui Maneta	00:20:30	00:41:07	00:41:03	210		V40	25
208	1023	Pedro Valente	00:20:37	00:41:08	00:41:01	208		V45	19
209	1278	Mafalda Martinho	00:20:39	00:41:09	00:41:04	212	GFD Running	V35	4



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
210	1934	Pedro Soares	00:20:22	00:41:09	00:41:03	211		V45	20
211	2233	Mário Santos	00:20:59	00:41:14	00:41:00	205	SFRA Amadora	V45	21
212	181	Philipp Koch	00:20:26	00:41:14	00:41:13	222		Senior	62
213	285	Paulo Gomes	00:21:00	00:41:14	00:40:56	203		V40	26
214	1556	Sheila Azevedo	00:20:42	00:41:14	00:41:11	220		V40	4
215	151	Pedro Martins	00:20:40	00:41:15	00:41:09	214		Senior	63
216	2220	João Afonso	00:21:15	00:41:15	00:41:00	206		V45	22
217	852	Bruno Pissarra	00:20:33	00:41:17	00:41:11	218		V45	23
218	1529	Filipe Gonçalves	00:20:19	00:41:17	00:41:12	221		V40	27
219	1268	Vasco Levita	00:20:39	00:41:18	00:41:10	216	CF Os Belenenses	V50	22
220	1261	Luis Marçal	00:20:39	00:41:18	00:41:10	217	CF Os Belenenses	V45	24
221	44	Jorge Nabais	00:20:57	00:41:19	00:41:11	219		V40	28
222	1307	Elias Porto	00:21:16	00:41:21	00:41:14	223	RB RUNNING-SFRAA	V40	29
223	1094	Delfim Machado	00:20:50	00:41:24	00:41:23	227	Wikaboo	V45	25
224	17	Rute Martins	00:20:47	00:41:26	00:41:18	224		V35	5
225	1609	Ricardo Nascimento	00:20:57	00:41:27	00:41:09	215	Casa do Benfica em Algueirão Mem Martins	V35	43
226	399	Bruno Ferreira	00:20:44	00:41:30	00:41:22	225	Valejas Atlético Clube	V40	30
227	2072	Nelson Costa	00:21:40	00:41:31	00:41:30	233	Porcalhota Team - Falagueira Venda Nova	V40	31
228	417	Tiago Rosa	00:20:40	00:41:33	00:41:28	231		V40	32



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
229	372	Paula Martins	00:21:03	00:41:33	00:41:25	228		V40	5
230	48	Pedro Paiva	00:21:06	00:41:35	00:41:30	234		V35	44
231	1673	Pedro Cruz	00:20:42	00:41:35	00:41:27	230		Senior	64
232	2165	Fernando Costa	00:20:57	00:41:36	00:41:26	229		V45	26
233	1430	João Pateira	00:21:11	00:41:39	00:41:34	237		V45	27
234	1055	Miguel Carmo	00:20:57	00:41:39	00:41:22	226		V35	45
235	532	Nuno Delicado	00:21:26	00:41:41	00:41:32	235		V45	28
236	129	Almiro Feijão	00:21:01	00:41:41	00:41:35	238	Linda-a-Pastora Sporting Clube	V65	1
237	2246	Inês Veredas	00:20:47	00:41:45	00:41:38	240	SFRA Amadora	Senior	10
238	15	Leonardo Jesus	00:21:05	00:41:46	00:41:36	239		V35	46
239	1590	Pedro Garcia	00:21:13	00:41:46	00:41:34	236		V35	47
240	1486	Tiago Santos	00:21:13	00:41:54	00:41:48	241		V45	29
241	1451	Nelson Graça	00:20:51	00:41:58	00:41:55	244		V35	48
242	62	Pedro Salgueiro	00:20:51	00:41:58	00:41:52	243		V45	30
243	2126	Rui Jesus	00:21:47	00:42:01	00:41:29	232		V40	33
244	1439	Josué Félix	00:20:46	00:42:04	00:41:52	242		Junior	11
245	1447	Eduardo Lopes	00:21:16	00:42:07	00:41:59	246		V40	34
246	1958	Martim Espinho	00:20:46	00:42:07	00:42:07	254		Junior	12
247	364	Avelino Soares	00:21:28	00:42:08	00:41:57	245		V55	11



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
248	360	Virgínia Pereira	00:21:08	00:42:08	00:42:03	249		V55	1
249	2234	Ricardo Fernandes	00:21:33	00:42:12	00:42:01	247	SFRA Amadora	V45	31
250	74	António Graça	00:21:08	00:42:12	00:42:06	252	Linda-a-Pastora Sporting Clube	V60	6
251	2109	Carlos Fernandes	00:21:04	00:42:13	00:42:06	251		V45	32
252	711	Bruno Duque	00:21:09	00:42:19	00:42:01	248	Serviços Sociais Montepio	V40	35
253	218	António Revez	00:21:33	00:42:19	00:42:12	258	Aminhacorrida Runextrem	V50	23
254	499	Hugo Antunes	00:20:56	00:42:22	00:42:08	255	Grupo Recreativo e Desportivo da Ribeira da Lage	V35	49
255	2000	João Almeida	00:21:23	00:42:22	00:42:05	250		V40	36
256	1627	Bruno Pereira	00:21:16	00:42:22	00:42:12	257	Run Tejo - Prevent Sprain	V45	33
257	1633	Pedro Marques	00:21:39	00:42:23	00:42:13	259	Run Tejo - Prevent Sprain	Senior	65
258	674	Paulo Menezes	00:21:25	00:42:24	00:42:07	253		V50	24
259	1913	Guilherme Godinho	00:21:24	00:42:25	00:42:13	260	GM 1.º Dezembro de Queijas	Senior	66
260	1558	Mário Sá	00:21:21	00:42:29	00:42:23	267		V45	34
261	255	Luis Monteiro	00:21:34	00:42:31	00:42:18	262		V50	25
262	2164	Pedro Barbosa	00:21:17	00:42:31	00:42:25	268		V40	37
263	1249	Antonio Lourenço	00:21:38	00:42:31	00:42:22	266		Senior	67
264	1110	Antonio Vilhena	00:21:01	00:42:32	00:42:19	263		Senior	68
265	1137	Marco Moura	00:21:01	00:42:32	00:42:19	264		V45	35
266	710	Gonçalo Rodrigues	00:20:57	00:42:34	00:42:31	272	Associação Vale Grande	V40	38



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
267	1223	Bruno Ramos	00:21:17	00:42:36	00:42:26	269		V40	39
268	1257	Miguel Pimenta	00:21:58	00:42:37	00:42:17	261		Senior	69
269	1524	Paulo Monteiro	00:22:09	00:42:38	00:42:28	270		V45	36
270	969	Nuno Gonçalves	00:22:06	00:42:39	00:42:20	265	CA Patameiras	V45	37
271	1011	Pedro Pinheiro	00:21:34	00:42:42	00:42:36	274	Correr Lisboa	V50	26
272	46	João Rato	00:21:07	00:42:43	00:42:38	276		Senior	70
273	2144	Bráulio Lourenço	00:21:39	00:42:45	00:42:31	271		Senior	71
274	1245	Paulo Mateus	00:22:06	00:42:45	00:42:37	275		V45	38
275	1752	Filipe Ribeiro	00:22:02	00:42:47	00:42:11	256	Free Runners IDentPrint	V40	40
276	980	Bruno Canhão	00:21:44	00:42:48	00:42:34	273		V35	50
277	593	Luís Silva	00:21:16	00:42:48	00:42:39	277	Associação Vale Grande	V40	41
278	673	Bruno Andrade	00:21:31	00:42:48	00:42:40	278		V35	51
279	2120	Isidro Simões	00:20:59	00:42:50	00:42:42	279		V45	39
280	2276	Rui Silva	00:21:35	00:42:52	00:42:42	280	A.M.Atibá	V50	27
281	1933	Carlos Martins	00:21:37	00:42:52	00:42:45	283		V50	28
282	259	Mauricio Cruz	00:20:47	00:42:53	00:42:47	285		V45	40
283	202	José Trigo	00:21:05	00:42:57	00:42:44	281		Senior	72
284	624	Gonçalo Raposo	00:22:18	00:42:58	00:42:46	284		Senior	73
285	1142	Audatilo Moreno	00:21:49	00:42:59	00:42:45	282		V40	42



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
286	1418	Tiago Roxo	00:21:51	00:42:59	00:42:50	287		V35	52
287	1899	João Carvalho	00:22:01	00:43:02	00:42:50	286		Senior	74
288	1466	João Gomes	00:21:44	00:43:02	00:42:58	293		V55	12
289	1299	Mafalda Moniz	00:21:45	00:43:02	00:43:00	295		V35	6
290	681	Gonçalo Porêlo	00:21:46	00:43:04	00:42:57	292	Núcelo Sporting Clube de Portugal de Minde	V40	43
291	2282	Duarte Gonçalves	00:21:38	00:43:04	00:42:51	288		Senior	75
292	256	Marta Ferreira	00:21:41	00:43:05	00:42:54	290		Senior	11
293	761	Rodrigo Menezes	00:21:49	00:43:07	00:42:56	291		Junior	13
294	1806	André Nunes	00:21:36	00:43:07	00:43:00	294	KeepRunning	Senior	76
295	995	Sebastião Seguro	00:21:43	00:43:08	00:43:06	298		Senior	77
296	1632	Paulo Velez	00:21:48	00:43:09	00:42:54	289	Run Tejo - Prevent Sprain	V40	44
297	608	Tiago Matias	00:21:45	00:43:13	00:43:05	297		V40	45
298	249	Pedro Cardoso	00:21:55	00:43:14	00:43:13	306		V50	29
299	1129	João Branco	00:21:37	00:43:16	00:43:11	304		V50	30
300	800	José Cunha	00:22:03	00:43:16	00:43:05	296	Os Zatopeques	V60	7
301	1241	Palmira Quinhama	00:21:53	00:43:19	00:43:12	305		V45	1
302	313	Helena Moreira	00:21:59	00:43:19	00:43:14	307		V45	2
303	1518	Ricardo Pinto	00:22:27	00:43:20	00:43:11	302		V40	46
304	1785	Miguel Barba	00:21:58	00:43:20	00:43:16	312	Peniche a Correr	V45	41





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
305	604	Francisco Figueiredo	00:22:19	00:43:21	00:43:10	299		V45	42
306	89	Hélder Cotrim	00:21:58	00:43:21	00:43:15	310		V40	47
307	875	Samuel Silva	00:21:16	00:43:23	00:43:18	315		Senior	78
308	1395	Carlos Francisco	00:21:51	00:43:24	00:43:10	300		Senior	79
309	2049	Miguel Seródio	00:21:42	00:43:24	00:43:22	318		Junior	14
310	33	Diogo Leite	00:21:36	00:43:26	00:43:16	311		V35	53
311	1737	Paulo Faria	00:22:19	00:43:29	00:43:25	321		V45	43
312	1025	Edgar Caldeira	00:22:00	00:43:29	00:43:17	314		V35	54
313	2145	Mário Jerónimo	00:21:20	00:43:29	00:43:22	319		V50	31
314	1005	Víctor Rosa	00:22:00	00:43:30	00:43:27	322		Senior	80
315	321	Catarina Lourenço	00:21:48	00:43:30	00:43:11	303		V45	3
316	504	Ricardo Pita	00:22:22	00:43:31	00:43:15	309	camara lisboa clube	V40	48
317	656	Hugo Lopes	00:21:57	00:43:31	00:43:14	308	CCD Crédito Agrícola	V40	49
318	751	João Oliveira	00:22:16	00:43:32	00:43:22	320		V45	44
319	1384	Nuno Rapaz	00:21:14	00:43:32	00:43:16	313		V50	32
320	1959	Rui Sousa	00:22:04	00:43:35	00:43:34	332		V50	33
321	1464	Elisabete Macedo	00:21:51	00:43:36	00:43:22	317	Run Tejo - Prevent Sprain	V40	6
322	1630	Jorge Nunes	00:21:51	00:43:36	00:43:21	316	Run Tejo - Prevent Sprain	V50	34
323	664	Luis Cipriano	00:21:51	00:43:37	00:43:35	333		V50	35



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
324	1007	Cristina Lourenço	00:21:51	00:43:38	00:43:33	327		V50	1
325	177	David Jesus	00:22:02	00:43:39	00:43:34	330		V55	13
326	323	Renata Fernandes	00:22:24	00:43:39	00:43:28	323		V40	7
327	1552	Nuno Paiva	00:21:44	00:43:41	00:43:32	326		V45	45
328	467	Miguel Chibante	00:21:44	00:43:41	00:43:29	324		V40	50
329	441	Jose Pereira	00:22:19	00:43:41	00:43:38	338		V35	55
330	718	Rui Henriques	00:21:58	00:43:43	00:43:38	337	Serviços Sociais Montepio	V45	46
331	2249	André Gonçalves	00:21:37	00:43:44	00:43:10	301		Senior	81
332	1570	André Silva	00:22:24	00:43:44	00:43:31	325	CUA Benaventense - 3B triatlo	Senior	82
333	1740	Helder Batista	00:22:22	00:43:46	00:43:36	335	Grupo Recreativo e Desportivo da Ribeira da Lage	V50	36
334	2162	Isidro Duarte	00:22:27	00:43:47	00:43:46	347		V55	14
335	984	Maribel Ibañez	00:22:27	00:43:48	00:43:34	329		V45	4
336	819	Ivo Bouca	00:21:43	00:43:48	00:43:34	328		V45	47
337	861	João Galhordas	00:21:55	00:43:49	00:43:35	334		V50	37
338	1519	Jorge Correia	00:22:23	00:43:49	00:43:44	346		V50	38
339	1637	Tiago Ribeiro	00:22:08	00:43:49	00:43:34	331	Run Tejo - Prevent Sprain	V35	56
340	1573	João Roque	00:22:07	00:43:50	00:43:41	342	Thomar Athletics	V55	15
341	926	João Marques	00:21:43	00:43:50	00:43:41	340	SS CGD	V45	48
342	478	André Oliveira	00:22:11	00:43:53	00:43:41	339	Grupo Recreativo e Desportivo da Ribeira da Lage	V35	57



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
343	2112	Sandro Lima	00:22:11	00:43:54	00:43:38	336		Junior	15
344	1640	António Fernandes	00:22:25	00:43:54	00:43:41	341	Lynxrace Club	V50	39
345	2044	Nuno Santos	00:22:33	00:43:56	00:43:44	344		V50	40
346	584	Diogo Alfarelos	00:22:07	00:43:56	00:43:46	348	Bobadelas Running Team	V40	51
347	1104	Sílvia Gomes	00:22:20	00:43:56	00:43:48	349		V45	5
348	1722	Luis Cardoso	00:22:01	00:43:56	00:43:44	345		V35	58
349	1870	Nuno Veigas	00:22:34	00:43:56	00:43:42	343		V45	49
350	1259	Nuno Queija	00:21:50	00:43:58	00:43:48	350	CF Os Belenenses	V50	41
351	1412	José Rodrigues	00:22:01	00:43:58	00:43:57	360		Senior	83
352	1306	Tony Almeida	00:23:05	00:43:59	00:43:55	354	RB RUNNING-SFRAA	V40	52
353	2263	Nuno Eca	00:21:55	00:43:59	00:43:56	356		V35	59
354	2105	António Frada	00:22:30	00:44:01	00:43:58	361		V50	42
355	725	Henrique Ferreira	00:22:11	00:44:01	00:43:50	351	SIMECQ	V55	16
356	206	Joao Teixeira	00:21:37	00:44:02	00:43:56	357		V60	8
357	1802	Mário Monteiro	00:22:34	00:44:02	00:43:55	355	Clube Ferroviário de Portugal	V50	43
358	611	Edgar Fernandes	00:22:27	00:44:03	00:43:51	352		V35	60
359	290	Tiago Sousa	00:21:51	00:44:03	00:43:52	353		V40	53
360	1568	Daniel Falcão	00:22:30	00:44:04	00:44:00	363	CUA Benaventense - 3B triatlo	V40	54
361	109	Filipa Branco	00:22:08	00:44:04	00:44:00	364		Senior	12



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
362	396	Rui Silva	00:22:20	00:44:07	00:43:57	358	Club Football Estrela	V50	44
363	1823	João Casinhas	00:22:13	00:44:07	00:43:59	362		V50	45
364	1057	António Branco	00:22:51	00:44:09	00:44:02	365	Clube de Praças da armada	V60	9
365	1087	Vilson Pariz	00:22:25	00:44:11	00:43:57	359		V55	17
366	1668	Sérgio Pontes	00:22:16	00:44:13	00:44:05	367		V45	50
367	1493	Mónica Domingos	00:22:13	00:44:14	00:44:04	366	Run Tejo - Prevent Sprain	Senior	13
368	2191	Tiago Siva	00:22:16	00:44:16	00:44:14	374		V45	51
369	2192	João Jesus	00:22:16	00:44:16	00:44:14	375		V40	55
370	1869	Nuno Parreira	00:22:22	00:44:18	00:44:07	369		V45	52
371	459	José Amaro	00:22:28	00:44:18	00:44:13	372		V45	53
372	1805	José Nunes	00:22:21	00:44:21	00:44:12	371	KeepRunning	V55	18
373	1108	Oliver Seidel	00:22:22	00:44:23	00:44:20	380		V35	61
374	30	Carlos Craveira	00:22:08	00:44:24	00:44:14	373		V50	46
375	41	Pedro Vicente	00:22:50	00:44:25	00:44:05	368		V60	10
376	748	Nuno Barros	00:22:39	00:44:25	00:44:16	376		V35	62
377	1111	José Borges	00:22:25	00:44:27	00:44:11	370		V45	54
378	1485	Rui Ribeiro	00:22:26	00:44:27	00:44:25	382		V35	63
379	2210	Raquel Pereira	00:22:25	00:44:29	00:44:28	386		V55	2
380	1010	Rui Santos	00:22:01	00:44:30	00:44:17	377	GM 1.º Dezembro de Queijas	V40	56



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
381	967	Virgilio Costa	00:22:35	00:44:30	00:44:25	383	Clube Millennium Bcp	V50	47
382	1305	Pedro Ferreira	00:22:28	00:44:34	00:44:19	379	RB RUNNING-SFRAA	V55	19
383	2011	Luis Madeira	00:22:20	00:44:34	00:44:18	378	SS CGD	V50	48
384	1145	Alysson Viana	00:22:32	00:44:36	00:44:32	389		V45	55
385	1807	Patricio Semedo	00:22:22	00:44:37	00:44:30	388	KeepRunning	Junior	16
386	987	Pedro Carvalho	00:22:26	00:44:38	00:44:36	394		V45	56
387	1258	Pedro Pombo	00:22:28	00:44:40	00:44:34	391		V40	57
388	1172	João Santos	00:22:42	00:44:40	00:44:27	384	GM 1.º Dezembro de Queijas	V40	58
389	993	Hugo Fidalgo	00:22:28	00:44:41	00:44:29	387		V40	59
390	2231	Gabriel Fernandes	00:22:51	00:44:41	00:44:23	381		V35	64
391	301	João Escoval	00:22:48	00:44:42	00:44:27	385		V40	60
392	1540	Olavo Sousa	00:22:28	00:44:44	00:44:38	396		Senior	84
393	327	Pedro Pereira	00:23:11	00:44:45	00:44:34	392		V55	20
394	275	Pedro Silva	00:22:17	00:44:48	00:44:43	401		Senior	85
395	1373	Sérgio Barbosa	00:22:37	00:44:49	00:44:39	397		V35	65
396	1085	Cátia Reis	00:22:55	00:44:50	00:44:34	390		V35	7
397	1326	Maria Lucas	00:23:01	00:44:51	00:44:40	398		V55	3
398	2280	Pedro Monteiro	00:22:31	00:44:53	00:44:34	393		V45	57
399	2274	Antonio Adro	00:22:40	00:44:55	00:44:46	403	A.M.Atibá	V55	21



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
400	201	Ivan Valadares	00:22:31	00:44:57	00:44:42	400		V40	61
401	1613	André Silva	00:22:43	00:44:57	00:44:43	402		V35	66
402	141	Vitor Silva	00:22:37	00:44:57	00:44:53	411	Os Silvas	V40	62
403	909	João Churro	00:22:38	00:44:58	00:44:46	404		V35	67
404	1879	José Vieira	00:22:49	00:44:58	00:44:55	415		V60	11
405	1313	Marco Figueiredo	00:23:20	00:44:58	00:44:38	395		V35	68
406	649	José Martins	00:22:59	00:44:59	00:44:40	399		V35	69
407	1015	Fernando Laranjo	00:23:00	00:45:00	00:44:48	406		V40	63
408	1868	Armando Dias	00:22:57	00:45:02	00:44:55	414		V55	22
409	1645	Teotónio Neto	00:22:47	00:45:02	00:44:49	409	ADRC Mata de Benfica	V60	12
410	161	Paulo Ferreira	00:23:01	00:45:06	00:44:48	407	SFUMA Sports Amareleja	V40	64
411	1349	Rui Cunha	00:22:45	00:45:06	00:45:00	420	Grupo Desportivo Santander Totta	V55	23
412	726	João Narra	00:23:04	00:45:07	00:44:48	405	SIMECQ	V55	24
413	1426	Carla Bernardino	00:22:39	00:45:07	00:45:00	421		V45	6
414	72	Vasco Tavares	00:23:43	00:45:09	00:44:55	412		V45	58
415	549	João Veiga	00:23:43	00:45:10	00:44:55	413	GDC Banco de Portugal	V35	70
416	1246	Paulo Ferreira	00:22:03	00:45:11	00:44:58	417		V35	71
417	1605	Evandro Tavares	00:22:35	00:45:11	00:44:52	410		V40	65
418	2086	Aretino Mota	00:22:44	00:45:12	00:45:08	430	Porcalhota Team - Falagueira Venda Nova	V60	13



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
419	1599	Nuno Estacio	00:22:59	00:45:13	00:45:00	419		V45	59
420	1592	Gonçalo Marques	00:22:59	00:45:13	00:45:00	418		V45	60
421	793	Paulo Santos	00:22:56	00:45:14	00:45:08	429	ASSOCIAÇÃO CULTURAL SAMBRASENSE	V55	25
422	239	Paulo Pinto	00:22:47	00:45:15	00:44:58	416	A TEAM AGEAS	V60	14
423	1174	Francisco Almeida	00:23:43	00:45:15	00:45:01	422	Clube do STRESS	V45	61
424	2063	Rodrigo Barroso	00:23:01	00:45:16	00:45:14	438		V45	62
425	1242	José Brito	00:23:15	00:45:16	00:45:08	428		V60	15
426	2158	João Miranda	00:23:15	00:45:17	00:45:06	425		V35	72
427	977	João Pinto	00:23:19	00:45:17	00:45:10	434		V55	26
428	1784	Ricardo Sousa	00:23:05	00:45:18	00:45:11	435	Serviços Sociais Montepio	V40	66
429	413	Pedro Silva	00:22:51	00:45:18	00:45:08	427		V45	63
430	1980	Pedro Neves	00:22:11	00:45:19	00:45:10	433		Senior	86
431	253	Carlos Calado	00:22:49	00:45:19	00:45:03	424		V50	49
432	95	Paulo Gonçalves	00:22:48	00:45:19	00:45:07	426		V55	27
433	619	Inês Dias	00:22:51	00:45:19	00:45:17	443		Junior	1
434	1072	Lino Vaz	00:22:48	00:45:19	00:45:03	423		V45	64
435	1077	Inês Peixoto	00:23:20	00:45:21	00:44:49	408	WalkRun-werun.pt-seaaside	V45	7
436	2152	Matheus Diniz	00:23:36	00:45:22	00:45:16	439		Senior	87
437	2222	Sérgio Pereira	00:23:22	00:45:23	00:45:10	432		V45	65



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
438	667	Pedro Pereira	00:22:41	00:45:23	00:45:16	440		V45	66
439	762	António Santos	00:23:14	00:45:25	00:45:17	441		V65	2
440	1362	Sérgio Moreira	00:22:48	00:45:26	00:45:20	447		V50	50
441	2221	Marcelo Carvalho	00:23:35	00:45:28	00:45:08	431		V35	73
442	618	José Serrano	00:22:51	00:45:28	00:45:23	451		V50	51
443	1991	Frederico Nobre	00:22:54	00:45:28	00:45:26	458		V45	67
444	1334	Ramiro Ramos	00:22:44	00:45:28	00:45:14	437		Senior	88
445	1602	Mariana Nave	00:22:51	00:45:29	00:45:27	460		Junior	2
446	1735	Pedro Correia	00:23:06	00:45:30	00:45:19	446		V55	28
447	12	Nuno Bernardo	00:23:16	00:45:31	00:45:19	444		V40	67
448	1707	Paulo Arrenega	00:23:14	00:45:31	00:45:14	436	Run Tejo - Prevent Sprain	V55	29
449	1250	José Borges	00:23:13	00:45:32	00:45:29	463		V45	68
450	1146	Joao Camisao	00:23:16	00:45:34	00:45:17	442		V50	52
451	1188	Afonso Branco	00:23:09	00:45:35	00:45:24	453		Senior	89
452	1516	José Marcelino	00:23:17	00:45:36	00:45:27	461		V60	16
453	289	Carlos Marques	00:23:15	00:45:36	00:45:28	462		V65	3
454	222	Rui Branco	00:22:58	00:45:37	00:45:19	445		V35	74
455	712	Duarte Costa	00:22:53	00:45:37	00:45:20	448	Serviços Sociais Montepio	V40	68
456	879	Ricardo Almeida	00:23:17	00:45:38	00:45:23	449	Correr a Feijões	V40	69





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
457	1062	André Barros	00:23:18	00:45:39	00:45:24	452		V45	69
458	1034	Carolina Silva	00:22:58	00:45:40	00:45:23	450		Senior	14
459	1619	Antonio Pires	00:22:31	00:45:40	00:45:24	456		V55	30
460	817	Tiago Romão	00:22:57	00:45:40	00:45:24	454		Senior	90
461	780	Luís Loureiro	00:23:30	00:45:40	00:45:25	457		V35	75
462	1433	Rodrigo Deus	00:23:21	00:45:41	00:45:24	455		V45	70
463	491	Leandro Rodrigues	00:23:23	00:45:41	00:45:35	467	Grupo Recreativo e Desportivo da Ribeira da Lage	V40	70
464	1995	Carlos Santos	00:23:04	00:45:41	00:45:27	459		V45	71
465	375	Virgínio Pateiro	00:23:36	00:45:42	00:45:32	465		V50	53
466	1173	João Faustino	00:23:57	00:45:45	00:45:30	464	Clube do STRESS	V50	54
467	729	Nuno Pita	00:23:29	00:45:45	00:45:35	468	CCDTMetroLX	V45	72
468	280	Luis Dias	00:23:13	00:45:46	00:45:36	469		V35	76
469	551	Ana Cleto	00:23:36	00:45:48	00:45:40	472		V55	4
470	1688	Nuno Sobral	00:22:46	00:45:50	00:45:34	466		V45	73
471	1687	Miguel Baptista	00:23:05	00:45:50	00:45:48	479		V60	17
472	1189	Jose Costa	00:23:17	00:45:50	00:45:49	481		V55	31
473	449	Gilberto Paulino	00:22:39	00:45:51	00:45:43	474		V55	32
474	519	Pedro Silva	00:23:17	00:45:51	00:45:43	473		V35	77
475	2176	Nuno Cebola	00:23:42	00:45:53	00:45:37	470		Senior	91



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
476	696	Nuno Ricardo	00:23:20	00:45:56	00:45:43	475	SIMECQ	V45	74
477	763	Carlos Costa	00:22:53	00:45:57	00:45:56	487	ATR-Associação Algarve Trail Running	V35	78
478	2257	Gonçalo Tomé	00:24:01	00:45:57	00:45:37	471		Senior	92
479	465	Alexandre Cavalheiro	00:23:40	00:45:58	00:45:51	483		V45	75
480	1032	Lino Vidal	00:23:12	00:45:59	00:45:58	489		V40	71
481	703	Luís Ribeiro	00:23:00	00:46:00	00:45:46	476	Associação Vale Grande	V50	55
482	403	Henrique Ramos	00:23:16	00:46:00	00:45:49	482		V60	18
483	1078	Carlos Lopes	00:23:32	00:46:00	00:45:53	485	Aminhacorrida Runextrem	V50	56
484	1321	Rui Figueira	00:23:01	00:46:01	00:45:46	477		V40	72
485	1729	Nélio Cordeiro	00:22:58	00:46:02	00:46:00	491		V45	76
486	1282	Pedro Nava	00:23:03	00:46:03	00:45:57	488	GRCD Leião	V45	77
487	1026	Luis Carvalho	00:23:18	00:46:04	00:45:56	486		V35	79
488	1443	Rui Henriques	00:23:38	00:46:05	00:45:49	480		V50	57
489	1287	Filipe Pires	00:23:56	00:46:06	00:45:53	484		V50	58
490	1657	Jose Oliveira	00:23:41	00:46:07	00:45:58	490		V45	78
491	1475	António Silva	00:23:22	00:46:12	00:46:10	497		V60	19
492	111	Graça Castro	00:23:24	00:46:15	00:46:08	494		V50	2
493	39	Nuno Salgado	00:23:15	00:46:16	00:46:14	500		V40	73
494	1488	Francisco Vieira	00:23:42	00:46:16	00:46:13	499		V40	74



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
495	594	Patrícia Costa	00:23:29	00:46:17	00:46:08	493	Associação Vale Grande	V35	8
496	1260	Cristiano Marques	00:23:11	00:46:18	00:46:16	502	CF Os Belenenses	V50	59
497	545	Nelson Madeira	00:23:42	00:46:21	00:46:10	496	GDC Banco de Portugal	V35	80
498	316	Ricardo Franco	00:23:22	00:46:22	00:46:16	501		V35	81
499	1718	Daniel Ferreira	00:23:20	00:46:26	00:46:10	498	CMC - CM Amadora	Senior	93
500	489	José Machado	00:23:02	00:46:27	00:46:21	503	Grupo Recreativo e Desportivo da Ribeira da Lage	V65	4
501	1490	Paulo Frango	00:22:58	00:46:27	00:46:25	508		V45	79
502	1008	João Pimentel	00:23:51	00:46:29	00:45:48	478		V40	75
503	332	António Merujo	00:23:42	00:46:30	00:46:25	509		V65	5
504	1150	Deivid Ferreira	00:23:39	00:46:30	00:46:23	506		V40	76
505	1739	Paulo Reis	00:24:01	00:46:31	00:46:23	507		V45	80
506	708	António Martinho	00:23:57	00:46:32	00:46:07	492	Associação Vale Grande	V60	20
507	1956	Fernando Sobral	00:23:20	00:46:35	00:46:26	510		V35	82
508	22	Harun Rashid	00:23:00	00:46:36	00:46:29	513		V35	83
509	175	Nuno Godinho	00:23:13	00:46:37	00:46:34	517		V45	81
510	601	João Pereira	00:23:24	00:46:37	00:46:34	518		V55	33
511	840	António Guerreiro	00:22:58	00:46:38	00:46:35	519	Amigos do Atletismo de Mafra	V65	6
512	2207	Andreu Peiris	00:23:50	00:46:40	00:46:26	511		V35	84
513	849	João Alpendre	00:23:53	00:46:41	00:46:23	505		V50	60



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
514	1361	Bruno Rodrigues	00:22:51	00:46:41	00:46:39	523		Senior	94
515	844	Paulo Campos	00:23:31	00:46:43	00:46:28	512		V50	61
516	241	Miguel Sousa	00:23:44	00:46:43	00:46:30	514	A TEAM AGEAS	V45	82
517	1915	Bruno Maia	00:23:20	00:46:44	00:46:36	521		V40	77
518	1084	José Silva	00:23:09	00:46:44	00:46:35	520		V50	62
519	152	Pedro Goncalves	00:23:37	00:46:48	00:46:34	516		V40	78
520	721	Tiago Carvalho	00:24:27	00:46:49	00:46:09	495	Serviços Sociais Montepio	Senior	95
521	680	Vera Ferreira	00:23:45	00:46:49	00:46:43	528	Núcleo Sporting Clube de Portugal de Minde	V45	8
522	21	Jorge Vaz	00:23:30	00:46:50	00:46:41	525		V50	63
523	120	João Gama	00:23:30	00:46:50	00:46:32	515		V45	83
524	511	Sara Dias	00:24:02	00:46:50	00:46:40	524		V40	8
525	1425	João Lopes	00:24:41	00:46:54	00:46:43	527		V65	7
526	349	Rui Antunes	00:23:27	00:46:55	00:46:44	530		V45	84
527	20	Ricardo Lourenço	00:23:36	00:46:55	00:46:50	534		V45	85
528	758	Luís Ferreira	00:24:34	00:46:58	00:46:22	504	somais1km	V55	34
529	962	Pedro Correia	00:24:15	00:46:58	00:46:44	529	Clube Millennium Bcp	V45	86
530	2010	Pedro Fontoura	00:24:02	00:46:59	00:46:42	526	SS CGD	V50	64
531	1030	Carlos Caeiro	00:23:33	00:47:00	00:46:51	537	Aminhacorrída Runextrem	V50	65
532	1064	António Ramos	00:23:45	00:47:01	00:47:00	547	Aminhacorrída Runextrem	V50	66



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
533	1635	Steven Santos	00:22:33	00:47:02	00:46:55	540	Run Tejo - Prevent Sprain	V35	85
534	540	Ana Trigueiros	00:23:38	00:47:03	00:46:59	544	GDC Banco de Portugal	V35	9
535	90	Victor Marques	00:23:26	00:47:03	00:46:51	535		V55	35
536	1720	Andreia Pereira	00:24:03	00:47:03	00:46:56	541	CMC - CM Amadora	V35	10
537	755	João Lourenço	00:23:43	00:47:04	00:46:47	532	Clube EDP - Lisboa	V40	79
538	1531	Hugo Calado	00:23:56	00:47:05	00:46:53	539		V40	80
539	2169	Patrícia Matos	00:24:06	00:47:06	00:46:48	533	Linda-a-Pastora Sporting Clube	V50	3
540	652	Celso Leal	00:24:07	00:47:07	00:46:59	545		V35	86
541	378	João Pires	00:23:30	00:47:07	00:46:57	542		V50	67
542	1768	Pedro Antunes	00:23:26	00:47:07	00:47:05	556	GDRC PONTERROLENSE	V50	68
543	1419	Luis Pinho	00:24:17	00:47:08	00:46:51	538		V35	87
544	447	João Antunes	00:23:56	00:47:10	00:46:51	536		V50	69
545	192	Gabriel Amorim	00:22:59	00:47:10	00:47:07	558		Senior	96
546	1252	Ricardo Ferreira	00:24:02	00:47:12	00:47:01	549		V45	87
547	1405	Ruben Pinto	00:24:26	00:47:12	00:46:58	543		Senior	97
548	388	Rui Ferreira	00:23:59	00:47:12	00:47:11	563	Casa do Benfica em Algueirão Mem Martins	V45	88
549	354	Cristina Carvalho	00:24:00	00:47:12	00:47:11	565	Casa do Benfica em Algueirão Mem Martins	V50	4
550	82	Paulo Garrudo	00:24:13	00:47:13	00:47:00	546	OutSystems	V45	89
551	2250	Justino Santos	00:23:10	00:47:14	00:47:03	550		V40	81



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
552	2184	Pedro Ricardo	00:23:50	00:47:16	00:47:09	560		V50	70
553	1328	André Fernandes	00:24:06	00:47:16	00:47:05	553		Senior	98
554	2166	Catarina Veloso	00:23:51	00:47:17	00:47:16	572		V45	9
555	1215	Raquel Gonçalves	00:24:06	00:47:17	00:47:06	557		V35	11
556	80	Rui Sá	00:24:35	00:47:18	00:47:04	552	OutSystems	V40	82
557	1444	César Cabeza	00:23:18	00:47:18	00:47:04	551		V45	90
558	747	António Costa	00:24:15	00:47:19	00:47:13	570		V55	36
559	1360	Hugo Guerreiro	00:24:16	00:47:21	00:47:05	554		V45	91
560	219	Carlos Santos	00:23:59	00:47:23	00:47:11	562		V50	71
561	1149	Mika Peliganga	00:24:10	00:47:24	00:47:09	559		Senior	99
562	2173	Rui Brás	00:24:15	00:47:24	00:47:18	573		V45	92
563	463	Tiago Ferreira	00:23:26	00:47:25	00:47:19	574		Senior	100
564	976	Paulo Gonçalves	00:24:19	00:47:27	00:47:10	561	Ermelindas	V35	88
565	1406	Beatriz Pereira	00:23:48	00:47:27	00:47:27	584		Senior	15
566	1509	Bárbara Abreu	00:24:13	00:47:30	00:47:11	566	Run Tejo - Prevent Sprain	Senior	16
567	1634	Sergio Oliveira	00:24:13	00:47:30	00:47:12	567	Run Tejo - Prevent Sprain	Senior	101
568	1338	Dinis Ribas	00:23:53	00:47:30	00:47:15	571		V50	72
569	1120	Anastácio Valadas	00:24:31	00:47:31	00:47:25	579	Grupo Desportivo Santander Totta	V70	1
570	2123	Vitor Sousa	00:23:58	00:47:32	00:47:30	588		V50	73



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
571	1572	Pinar Atasayar	00:24:30	00:47:32	00:47:23	577	Team El Comandante	V35	12
572	554	Felisberto Silva	00:23:38	00:47:33	00:47:28	585		V55	37
573	576	Nelson Mota	00:24:21	00:47:34	00:47:29	586		V50	74
574	648	Liliana Martins	00:24:01	00:47:35	00:47:20	575		V35	13
575	734	Sérgio Paz	00:24:24	00:47:35	00:47:26	581	CCDTMetroLX	V50	75
576	411	João Figueiredo	00:24:48	00:47:36	00:47:12	569		V40	83
577	697	Paulo Serra	00:23:56	00:47:36	00:47:24	578	SIMECQ	V45	93
578	124	Artur Silva	00:24:09	00:47:37	00:47:11	564		V35	89
579	577	Daniel Druk	00:23:42	00:47:37	00:47:27	582		V45	94
580	1560	José Grilo	00:24:38	00:47:37	00:47:05	555		Senior	102
581	1992	Geoff Lovell	00:23:44	00:47:37	00:47:36	596		V50	76
582	646	Raquel Infante	00:24:34	00:47:38	00:47:31	589		Senior	17
583	355	Marco Charrua	00:24:21	00:47:38	00:47:34	591	Casa do Benfica em Algueirão Mem Martins	V55	38
584	187	Miguel Brito	00:24:33	00:47:40	00:47:36	593		Senior	103
585	368	Miguel San-Payo	00:24:12	00:47:41	00:47:38	599		V60	21
586	322	Filipa Ferreira	00:24:29	00:47:42	00:47:25	580		V35	14
587	2113	Luís Miranda	00:24:20	00:47:42	00:47:32	590		V40	84
588	52	João Marques	00:24:30	00:47:43	00:47:30	587		V45	95
589	1782	Pedro Duarte	00:24:41	00:47:44	00:47:36	594		V40	85



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
590	1875	José Júnior	00:24:54	00:47:45	00:46:39	522		V35	90
591	485	Bruno Amaro	00:24:14	00:47:45	00:47:27	583	Grupo Recreativo e Desportivo da Ribeira da Lage	V40	86
592	929	Noémia Sequeira	00:24:21	00:47:46	00:47:42	603	SS CGD	V55	5
593	1860	Nuno Couto	00:25:26	00:47:47	00:47:36	595	GRD. Ribeira da Lage	V45	96
594	1270	André Ribeiro	00:23:46	00:47:48	00:47:34	592	CF Os Belenenses	Senior	104
595	1755	Ruben Ferreira	00:24:34	00:47:48	00:47:12	568	Free Runners IDentPrint	V35	91
596	67	Pedro Morais	00:24:38	00:47:51	00:47:39	601		Senior	105
597	701	Carla Henriques	00:24:25	00:47:52	00:47:38	598	Associação Vale Grande	V45	10
598	1013	Sara Gabriel	00:24:06	00:47:52	00:47:47	612		V35	15
599	622	Carlos Luís	00:24:12	00:47:53	00:47:48	614		V55	39
600	505	João Gonçalves	00:24:54	00:47:53	00:47:37	597		V40	87
601	66	Mário Cotrim	00:24:38	00:47:54	00:47:42	604		Senior	106
602	2194	Celina Veiga	00:23:50	00:47:55	00:47:52	623		V45	11
603	1678	Maksim Ploskodniak	00:23:42	00:47:55	00:47:45	609		Senior	107
604	1489	Rui Carvalho	00:23:56	00:47:55	00:47:53	625		V55	40
605	353	Filipe Pereira	00:24:14	00:47:56	00:47:54	626	Grupo Recreativo e Desportivo da Ribeira da Lage	Senior	108
606	728	Hugo Pinto	00:24:24	00:47:56	00:47:47	611	CCDTMetroLX	V45	97
607	1003	Tânia Cabrito	00:24:14	00:47:57	00:47:55	627		V40	9
608	1002	Ricardo Filipe	00:24:14	00:47:57	00:47:56	629		V40	88





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
609	1920	Carlos Custódio	00:24:02	00:47:58	00:47:50	617		V35	92
610	1653	Arlindo Lourenço	00:24:30	00:47:58	00:47:45	608		V45	98
611	689	Pedro Costa	00:24:19	00:47:58	00:47:46	610		V40	89
612	1230	Lennart Schoch	00:23:53	00:48:00	00:47:48	613		Senior	109
613	305	João Serrano	00:23:54	00:48:01	00:47:42	605		V40	90
614	1004	João Pinto	00:24:40	00:48:03	00:47:50	618		V45	99
615	240	Rui Ascensão	00:25:03	00:48:03	00:47:45	607	A TEAM AGEAS	V45	100
616	2093	Sérgio Ferreira	00:24:20	00:48:04	00:47:51	621		V45	101
617	1416	Gonçalo Marques	00:23:46	00:48:04	00:47:48	615		Senior	110
618	544	Mónica Martins	00:24:44	00:48:04	00:47:52	624	GDC Banco de Portugal	V40	10
619	2266	André Rodrigues	00:24:59	00:48:04	00:47:00	548		V35	93
620	11	Paulo Lourinho	00:24:18	00:48:05	00:48:00	633		V50	77
621	1291	Tiago Branco	00:24:36	00:48:05	00:47:23	576		V45	102
622	811	Teodora Marvakova	00:24:28	00:48:06	00:47:50	619		Senior	18
623	2080	Bárbara Marques	00:24:35	00:48:07	00:47:57	630	Porcalhota Team - Falagueira Venda Nova	V40	11
624	134	Céu Fernandes	00:23:45	00:48:08	00:48:06	638	Linda-a-Pastora Sporting Clube	V45	12
625	1320	Heitor Gomes	00:25:09	00:48:09	00:47:39	602		V50	78
626	1468	Hugo Pires	00:24:08	00:48:09	00:48:00	631		V45	103
627	613	Isabel Santos	00:24:55	00:48:09	00:48:00	632		V55	6



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
628	1521	Tito Vieira	00:24:31	00:48:10	00:47:38	600		V40	91
629	2236	Sofia	00:24:55	00:48:10	00:47:51	622	SFRA Amadora	Senior	19
630	2200	Cláudia Viegas	00:23:29	00:48:11	00:48:06	641	ADRR - Associação Desportiva Recreativa O Relâmpago	V40	12
631	671	Carlos Caseiro	00:24:17	00:48:11	00:48:09	644		V45	104
632	2185	Margarida Barahona	00:24:16	00:48:12	00:47:55	628		Senior	20
633	1593	Bruno Lemos	00:24:43	00:48:12	00:48:04	636		V40	92
634	1683	Miguel Aleixo	00:24:58	00:48:13	00:48:04	635		V40	93
635	1514	Sérgio Simões	00:24:45	00:48:14	00:48:06	640		V45	105
636	1525	Américo Santos	00:24:01	00:48:16	00:48:11	647		V55	41
637	2198	Pedro Chambel	00:24:34	00:48:17	00:48:01	634	Correr Lisboa	V35	94
638	614	Catarina Borges	00:24:03	00:48:17	00:48:06	639	GM 1.º Dezembro de Queijas	Senior	21
639	214	João Moreira	00:25:02	00:48:18	00:47:44	606		V35	95
640	1178	Nuno Martins	00:23:37	00:48:20	00:48:04	637	ADRR - Associação Desportiva Recreativa O Relâmpago	V45	106
641	1569	Bruno Silva	00:24:38	00:48:20	00:48:10	646	CUA Benaventense - 3B triatlo	V50	79
642	361	Wander Neto	00:24:36	00:48:21	00:48:09	643		V40	94
643	103	Gonçalo Augusto	00:24:03	00:48:22	00:48:18	652		V40	95
644	1843	Bruno Claro	00:24:47	00:48:24	00:47:51	620		V40	96
645	1938	Miguel Vitorino	00:24:40	00:48:26	00:48:20	654		V50	80
646	1021	Joaquim Branquinho	00:24:25	00:48:27	00:48:10	645		V45	107



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
647	159	Fernando Espanhol	00:25:41	00:48:27	00:48:17	651	Correr Queluz	Senior	111
648	1496	Deivid Borba	00:24:25	00:48:27	00:48:21	657		V35	96
649	1890	Dangola Rosickaite	00:25:00	00:48:29	00:48:14	648		V40	13
650	786	António Martins	00:24:44	00:48:29	00:48:17	650	Associação Vale Grande	V60	22
651	1177	Inés Corbalán	00:24:51	00:48:31	00:48:17	649	ADRR - Associação Desportiva Recreativa O Relâmpago	V45	13
652	1818	Rafael Santos	00:25:37	00:48:33	00:48:31	667		Senior	112
653	2131	Pedro Semedo	00:24:04	00:48:34	00:48:26	660		V50	81
654	1795	Américo Costa	00:25:29	00:48:35	00:48:07	642		V65	8
655	2273	Joana Caldeira	00:24:32	00:48:37	00:48:24	659	A.M.Atibá	V45	14
656	2147	Beni Gourgel	00:24:28	00:48:38	00:48:27	661		V55	42
657	1659	Manon Lemoine	00:24:44	00:48:38	00:48:21	656		V35	16
658	657	Rui Melo	00:24:15	00:48:38	00:48:20	655	CCD Crédito Agrícola	V50	82
659	1312	Armando Cid	00:25:05	00:48:39	00:48:28	664		V60	23
660	1339	João Pereira	00:24:03	00:48:41	00:48:38	678	Linda-a-Pastora Sporting Clube	Senior	113
661	446	André Casado	00:24:45	00:48:41	00:48:22	658		V35	97
662	1371	Luis Narciso	00:25:26	00:48:42	00:48:38	679		V45	108
663	1195	Paulo Santos	00:24:36	00:48:42	00:48:31	668		V55	43
664	662	Julio Barao	00:24:51	00:48:45	00:48:33	672		V45	109
665	923	Carlos Leitão	00:24:59	00:48:45	00:48:41	680	SS CGD	V60	24



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
666	939	Antonio Almeida	00:25:14	00:48:46	00:48:32	670	Clube Millennium Bcp	V55	44
667	1744	Ana Araujo	00:24:39	00:48:46	00:48:44	682	Amigos do Atletismo de Mafra	V50	5
668	948	Fernando Rodrigues	00:25:05	00:48:46	00:48:33	671	Clube Millennium Bcp	V60	25
669	1774	Fahim Mahomed	00:24:13	00:48:46	00:48:30	666		V35	98
670	163	Pedro Abraços	00:24:28	00:48:47	00:48:37	677	2Prunners4fun	V45	110
671	908	Ricardo Figueiredo	00:25:10	00:48:49	00:48:32	669		V55	45
672	2140	Paulo Mauricio	00:24:40	00:48:49	00:48:27	662		V40	97
673	1186	Filipe Duarte	00:24:47	00:48:51	00:48:36	675		V35	99
674	1196	Gonçalo Lopes	00:25:05	00:48:51	00:48:34	673		V45	111
675	448	David Viegas	00:23:24	00:48:53	00:48:50	690		Senior	114
676	1696	Danilo Oliveira	00:24:05	00:48:53	00:48:52	694		V35	100
677	1510	Carlos Freitas	00:24:33	00:48:53	00:48:51	693	Run Tejo - Prevent Sprain	V50	83
678	859	Bruno Silva	00:24:29	00:48:53	00:48:30	665		V35	101
679	226	Paulo Fernandes	00:25:30	00:48:54	00:48:35	674		V50	84
680	2089	Cláudio Rocha	00:24:47	00:48:55	00:48:53	699		V50	85
681	886	Fernando Fernandes	00:24:35	00:48:55	00:48:52	696		V55	46
682	2051	Gonçalo Peres	00:24:42	00:48:56	00:48:54	700		V45	112
683	324	Joaquim Frade	00:24:40	00:48:57	00:48:44	681	SS CGD	V65	9
684	1491	Helder Silva	00:24:54	00:48:57	00:48:49	686		V50	86



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
685	1492	David Silva	00:24:54	00:48:57	00:48:49	687		Junior	17
686	1213	Rui Lima	00:24:07	00:48:58	00:48:50	691		V50	87
687	1616	Nuno Antunes	00:25:15	00:48:59	00:48:28	663		V55	47
688	325	Ana Marques	00:24:42	00:49:00	00:48:53	698	Clube Millennium Bcp	V60	1
689	1631	Nuno Carioca	00:24:34	00:49:00	00:48:56	704	Run Tejo - Prevent Sprain	V35	102
690	1711	Daniel Cardoso	00:24:33	00:49:00	00:48:57	705	Run Tejo - Prevent Sprain	V45	113
691	374	João Passeiro	00:25:03	00:49:01	00:48:49	688		V60	26
692	229	Claudio Bonito	00:24:24	00:49:01	00:48:58	706		V35	103
693	153	Sérgio Gonçalves	00:25:15	00:49:02	00:48:52	695		V40	98
694	739	Leandro Afonso	00:24:13	00:49:02	00:48:54	702		V40	99
695	1476	Sara Alves	00:24:14	00:49:03	00:49:00	709		Senior	22
696	92	Ana Oliveira	00:24:47	00:49:03	00:48:58	707		V45	15
697	131	Célia Silva	00:24:52	00:49:03	00:48:54	701	Linda-a-Pastora Sporting Clube	V45	16
698	592	Nuno Gonçalves	00:25:10	00:49:04	00:48:48	684	GDCT-INCM	V45	114
699	559	Paulo Lamego	00:25:14	00:49:04	00:48:45	683		V50	88
700	790	Rui Emídio	00:25:15	00:49:05	00:48:59	708	Casa do Benfica em Algueirão Mem Martins	V65	10
701	230	David Baltazar	00:24:02	00:49:06	00:49:03	719		Senior	115
702	1432	Antonio Cavaco	00:24:59	00:49:06	00:49:00	710		V40	100
703	772	David Branco	00:24:50	00:49:06	00:48:53	697		Senior	116



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
704	76	Ana Almeida	00:25:01	00:49:07	00:48:49	689	Linda-a-Pastora Sporting Clube	V45	17
705	516	Fernanda Gil	00:25:02	00:49:07	00:48:51	692	Inglesees Futebol Clube	V55	7
706	1366	Nelson Dias	00:25:29	00:49:07	00:48:18	653		V35	104
707	1778	Flamino Santos	00:24:42	00:49:07	00:49:03	717		V60	27
708	1483	José Cruz	00:24:43	00:49:08	00:48:48	685		V50	89
709	13	Felisberto Pinto	00:24:27	00:49:08	00:49:01	713		V55	48
710	891	Paulo Silva	00:24:46	00:49:08	00:49:03	718		V50	90
711	773	Carlos Henriques	00:25:17	00:49:10	00:49:02	715		V60	28
712	1847	Renato Luis	00:24:53	00:49:11	00:49:08	724		V40	101
713	1160	João Pereira	00:24:39	00:49:12	00:49:06	722		V55	49
714	639	Inês Monteiro	00:24:51	00:49:13	00:49:02	714		V35	17
715	269	Pedro Paradinha	00:24:57	00:49:13	00:48:55	703	União Desportiva de Alfoanelos	Senior	117
716	1123	José Pereira	00:25:03	00:49:15	00:49:01	712	Grupo Desportivo Santander Totta	V55	50
717	672	Luis Mateus	00:24:48	00:49:19	00:49:13	727		V40	102
718	2050	Matthias Vandenhove	00:26:03	00:49:19	00:47:48	616		V35	105
719	1169	Rui Grancho	00:24:42	00:49:20	00:49:08	723	FIDELIDADE GDC	V50	91
720	1730	Jorge Dias	00:25:15	00:49:20	00:49:05	721		V55	51
721	620	José Neto	00:25:08	00:49:20	00:49:19	746		V65	11
722	2057	Eduardo Pinheiro	00:24:38	00:49:21	00:49:19	744		V55	52



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
723	1580	Carla Santos	00:25:04	00:49:22	00:49:15	735		V45	18
724	740	Pedro Ivo	00:24:31	00:49:24	00:49:09	725		V45	115
725	1342	Renato Rocha	00:24:54	00:49:25	00:49:19	743	Amigos do Atletismo de Mafra	V35	106
726	1343	Joana Narciso	00:24:55	00:49:25	00:49:20	747	Amigos do Atletismo de Mafra	V35	18
727	298	Rui Pires	00:24:44	00:49:25	00:49:15	733		V45	116
728	99	António Marçal	00:24:47	00:49:26	00:49:25	753		V60	29
729	1454	António Vilela	00:25:18	00:49:27	00:49:13	729		V55	53
730	1579	Antonio Almeida	00:25:18	00:49:27	00:49:13	728		V50	92
731	423	Rodrigo Santos	00:24:51	00:49:27	00:49:14	732		V50	93
732	2241	Rute Menezes	00:25:02	00:49:28	00:49:14	730	SFRA Amadora	V40	14
733	650	Luís Fidalgo	00:25:33	00:49:28	00:49:16	736		Senior	118
734	2242	Luís Macedo	00:25:02	00:49:29	00:49:14	731	SFRA Amadora	V45	117
735	2204	Vera Bangy	00:24:45	00:49:32	00:49:27	757	GDC Banco de Portugal	V40	15
736	1365	Henrique Quaresma	00:24:48	00:49:33	00:49:19	742		Senior	119
737	146	Paulo Verissimo	00:24:18	00:49:34	00:49:21	748		V55	54
738	1415	Paulo Borges	00:25:50	00:49:35	00:48:36	676		Senior	120
739	555	Nuno Pires	00:24:28	00:49:35	00:49:31	763		V45	118
740	872	Pedro Dias	00:25:34	00:49:36	00:49:01	711		V40	103
741	97	Luis Loureiro	00:25:03	00:49:36	00:49:17	739		V40	104



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
742	567	Paulo Caçador	00:24:50	00:49:37	00:49:19	745		V45	119
743	1686	Joao Pacheco	00:24:56	00:49:38	00:49:37	773		V45	120
744	1377	Sérgio Pelado	00:25:52	00:49:39	00:49:02	716		Senior	121
745	1445	Everlyn Pinilla	00:24:17	00:49:39	00:49:39	778		Senior	23
746	1470	Sérgio Valente	00:25:02	00:49:40	00:49:24	750		V45	121
747	1955	Filipa Água	00:25:02	00:49:40	00:49:24	751		V45	19
748	328	Ana Letra	00:25:32	00:49:42	00:49:27	756	camara lisboa clube	V50	6
749	1340	Sónia Machado	00:25:09	00:49:43	00:49:23	749	GM 1.º Dezembro de Queijas	V45	20
750	799	Paulo Basílio	00:25:36	00:49:43	00:49:05	720	Os Zatopeques	V55	55
751	125	João Sousa	00:25:05	00:49:43	00:49:17	738		V35	107
752	404	José Pereira	00:24:39	00:49:43	00:49:42	780	Grupo Barraqueiro	V60	30
753	1214	Rui Pita	00:25:11	00:49:43	00:49:10	726		V35	108
754	1182	João Corvo	00:25:18	00:49:44	00:49:15	734	Sport União Colareense	V45	122
755	503	Joao Fernandes	00:25:15	00:49:45	00:49:32	764	BEJA	V40	105
756	2283	Leonardo Ventura	00:25:00	00:49:46	00:49:36	772		Senior	122
757	525	Abilio Raimundo	00:25:19	00:49:46	00:49:17	737		V50	94
758	258	Pedro Antunes	00:24:38	00:49:46	00:49:42	781		V45	123
759	956	Maria Nobre	00:25:16	00:49:46	00:49:33	766	Clube Millennium Bcp	V55	8
760	1626	Ana Silveira	00:25:14	00:49:46	00:49:28	758	Run Tejo - Prevent Sprain	V40	16





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
761	946	Eduardo Ferreira	00:25:16	00:49:46	00:49:32	765	Clube Millennium Bcp	V45	124
762	1928	5 Min/Km	00:24:47	00:49:47	00:49:46	786		V40	106
763	1675	Joana Simões	00:24:51	00:49:47	00:49:36	769		V40	17
764	1100	Luís Nunes	00:25:01	00:49:48	00:49:34	768	CRC Marvila Jovem	V45	125
765	42	Nuno Silva	00:24:31	00:49:48	00:49:43	783		V45	126
766	1202	André Santos	00:25:00	00:49:50	00:49:31	762		Senior	123
767	1027	Tânia Freitas	00:25:30	00:49:53	00:49:49	790		V35	19
768	700	Ricardo Mano	00:25:28	00:49:53	00:49:40	779	Correr Loures	V40	107
769	358	Carla Conceição	00:25:09	00:49:53	00:49:38	775	NAZA	V50	7
770	991	Luís Nabais	00:25:28	00:49:53	00:49:39	776	Correr Loures	V40	108
771	992	Anabela Ruivo	00:25:27	00:49:53	00:49:39	777	Correr Loures	V50	8
772	2098	Álvaro Neto	00:25:13	00:49:54	00:49:42	782		V45	127
773	1283	Maria Gamito	00:25:07	00:49:55	00:49:49	791		V45	21
774	873	António Gonçalves	00:24:50	00:49:55	00:49:34	767		V35	109
775	1353	João Santana	00:25:07	00:49:55	00:49:49	792	GMCJamor	V45	128
776	456	Luísa Mesquita	00:25:59	00:49:56	00:49:29	760		V40	18
777	1950	Nelson Portinha	00:25:43	00:49:57	00:49:17	740		V50	95
778	768	Francisco Gonçalves	00:24:37	00:49:58	00:49:55	797		Senior	124
779	1951	Josafá Santos	00:25:43	00:49:58	00:49:19	741		V35	110



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
780	1781	José Rocha	00:25:04	00:50:00	00:49:29	759		V55	56
781	2303	James Daniels	00:25:25	00:50:01	00:49:36	771		Senior	125
782	2151	Giulia Cianci	00:25:25	00:50:01	00:49:36	770		Senior	24
783	1754	Pedro Silva	00:25:57	00:50:01	00:49:24	752	Free Runners IDentPrint	V45	129
784	415	Vitor Silva	00:25:25	00:50:02	00:49:27	754		V40	109
785	416	Helder Silva	00:25:25	00:50:02	00:49:27	755		V35	111
786	1544	Ivo Silva	00:26:12	00:50:03	00:49:54	794		V45	130
787	144	Miguel Velez	00:25:45	00:50:05	00:49:47	787	camara lisboa clube	V60	31
788	2290	Ana Marques	00:25:14	00:50:07	00:50:05	809		Senior	25
789	469	Artur Gonçalves	00:25:26	00:50:08	00:49:47	788		V45	131
790	782	Nelson Araujo	00:26:28	00:50:10	00:49:48	789		Senior	126
791	119	Bruno Ferreira	00:25:22	00:50:11	00:50:02	805		V35	112
792	832	Vitor Gibão	00:25:33	00:50:12	00:49:45	784		V40	110
793	1079	Bruno Soares	00:25:24	00:50:12	00:49:55	796		V35	113
794	137	José Figueiredo	00:26:15	00:50:13	00:49:59	801	Espigueiros runners-caparrosinha	V65	12
795	911	Paulo Branco	00:25:22	00:50:14	00:50:01	804		V55	57
796	2197	Marco Santos	00:26:10	00:50:16	00:50:11	812	Associação Desportiva de Palmeiros Sintra	Senior	127
797	2023	João Paulo	00:25:51	00:50:17	00:49:59	800		V50	96
798	483	Fernando Correia	00:26:00	00:50:19	00:50:02	806	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	58



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
799	493	Fernanda Murteira	00:25:27	00:50:20	00:50:13	816	Grupo Recreativo e Desportivo da Ribeira da Lage	V50	9
800	775	Pedro Ferreira	00:24:52	00:50:20	00:50:04	808		V45	132
801	2132	Ivan Silva	00:24:58	00:50:20	00:49:57	799		Senior	128
802	1698	Claudia Augusto	00:25:06	00:50:20	00:50:18	821		V40	19
803	1054	Andrew Gordo	00:25:31	00:50:22	00:49:30	761		Senior	129
804	885	Marcelo Cardeira	00:25:41	00:50:23	00:49:57	798		V55	59
805	1615	João Lemos	00:24:57	00:50:23	00:50:00	802		Senior	130
806	1039	Tiago Branco	00:26:23	00:50:25	00:49:46	785	CRC Marvila Jovem	V35	114
807	2278	Carlos Grade	00:25:19	00:50:26	00:50:13	815	A.M.Atibá	V50	97
808	1614	Luis Almeida	00:25:31	00:50:27	00:50:12	813		V40	111
809	2259	Liliana Louro	00:26:06	00:50:28	00:50:16	820	GFD Running	V45	22
810	1378	Gonçalo Botelho	00:28:04	00:50:28	00:49:49	793		V35	115
811	1235	Tiago Toureiro	00:25:14	00:50:28	00:49:37	774	Running Vikings	Senior	131
812	2295	Bruno Silva	00:25:17	00:50:29	00:50:16	819		V40	112
813	1207	Mauro Peliquito	00:26:17	00:50:31	00:50:07	810		V40	113
814	1114	Gelson Baía	00:26:05	00:50:31	00:50:03	807		V35	116
815	19	Paulo Tainha	00:25:05	00:50:32	00:50:22	827		V60	32
816	752	Carlos Gomes	00:26:03	00:50:32	00:50:15	817	Clube EDP - Lisboa	V60	33
817	1935	Martim Lopes	00:26:14	00:50:33	00:50:13	814		V40	114



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
818	609	Duarte Francisco	00:25:31	00:50:36	00:50:01	803		V40	115
819	1435	Isadora Costa	00:26:00	00:50:37	00:50:08	811		V35	20
820	1743	Paulo Duarte	00:25:15	00:50:38	00:50:23	828	GDCT-INCM	V55	60
821	1082	João Pereira	00:25:51	00:50:39	00:50:20	824		V50	98
822	1660	Mateus Distinto	00:26:01	00:50:41	00:49:55	795		V40	116
823	430	Paulo Sousa	00:25:12	00:50:41	00:50:32	838		V50	99
824	1156	Sandra Alves	00:25:18	00:50:41	00:50:41	847		V45	23
825	54	Paulo Valente	00:26:10	00:50:42	00:50:20	825		V35	117
826	2230	Idálio Rodrigues	00:26:16	00:50:42	00:50:15	818		V50	100
827	625	André Wiborg	00:25:56	00:50:43	00:50:27	832		V65	13
828	904	Tiago Fernandes	00:26:04	00:50:43	00:50:24	830		V40	117
829	257	Celso Moura	00:25:20	00:50:44	00:50:43	848		V35	118
830	1695	Antonio Vongula	00:25:23	00:50:46	00:50:44	851		V40	118
831	816	Raquel Martins	00:25:14	00:50:46	00:50:45	852		V35	21
832	1603	Luis Bernardo	00:25:59	00:50:47	00:50:19	822		V50	101
833	1691	Eliseu Santana	00:26:02	00:50:48	00:50:40	845		V40	119
834	2232	Jorge Rosa	00:26:27	00:50:50	00:50:19	823	SFRA Amadora	V55	61
835	55	Joaquim Safara	00:25:38	00:50:51	00:50:49	857		V60	34
836	937	Alexandra Mourato	00:26:25	00:50:51	00:50:31	836	Clube Millennium Bcp	Senior	26



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
837	424	Bruno Rendeiro	00:26:25	00:50:51	00:50:31	837	Casa do Benfica em Algueirão Mem Martins	V35	119
838	387	Vitor Silva	00:26:25	00:50:51	00:50:32	839	Casa do Benfica em Algueirão Mem Martins	V55	62
839	1629	Ezequiel Andrade	00:25:59	00:50:52	00:50:37	843	Run Tejo - Prevent Sprain	V50	102
840	2030	Hélder Nogueira	00:26:03	00:50:54	00:50:30	835		V40	120
841	834	Nuno Parreira	00:26:15	00:50:54	00:50:25	831		V45	133
842	458	Mário Filipe	00:25:44	00:50:55	00:50:20	826		V55	63
843	1103	Jorge Pinheiro	00:26:05	00:50:55	00:50:28	833		V55	64
844	688	Paulo Pires	00:25:49	00:50:56	00:50:37	842		V55	65
845	1792	Cláudia Borralho	00:25:24	00:50:57	00:50:54	864	Run Tejo - Prevent Sprain	V50	10
846	1622	Paulo Ferreira	00:25:40	00:51:00	00:50:49	856		V45	134
847	1680	Carole Salvador	00:25:41	00:51:01	00:50:52	861	Livramento Trail Team	V40	20
848	1681	João Silva	00:25:41	00:51:01	00:50:52	860	Livramento Trail Team	V40	121
849	1888	Pedro Jorge	00:26:19	00:51:03	00:50:48	854		Senior	132
850	1887	Antônio Filho	00:26:19	00:51:03	00:50:49	855		V60	35
851	434	Mário Gaspar	00:25:13	00:51:03	00:50:53	863		V60	36
852	905	Augusto Fernandes	00:26:04	00:51:05	00:50:46	853		V65	14
853	784	Diogo Cavalheiro	00:26:35	00:51:07	00:50:29	834		V45	135
854	221	Mafalda Ribeiro	00:26:20	00:51:09	00:50:37	840		V40	21
855	2258	Nuno Botecas	00:27:04	00:51:09	00:50:24	829		V35	120



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
856	35	Sonia Gomes	00:25:48	00:51:10	00:50:52	859		V40	22
857	114	Moises Ventura	00:25:13	00:51:11	00:50:51	858		V45	136
858	1704	Marco Vaz	00:26:30	00:51:11	00:51:10	876		V40	122
859	878	Eduardo Neves	00:25:50	00:51:11	00:51:10	875	CLUBE ATLETISMO AMIGOS DE BELÉM	V40	123
860	307	Hugo Lopes	00:25:42	00:51:13	00:51:04	873		V45	137
861	983	Nkadi António	00:25:21	00:51:13	00:51:02	868		V35	121
862	1753	Ricardo Vieira	00:25:25	00:51:14	00:50:38	844	Free Runners IDentPrint	V40	124
863	262	Jorge Serra	00:26:15	00:51:15	00:50:59	865	Linda-a-Pastora Sporting Clube	V50	103
864	24	João Escoval	00:26:01	00:51:17	00:51:12	878		V50	104
865	659	Sofia Boléo	00:26:05	00:51:17	00:51:16	886	clube anacom	V50	11
866	1855	Ricardo Balau	00:26:04	00:51:18	00:50:43	849		V35	122
867	2262	Jose Lima	00:25:47	00:51:19	00:51:13	879		Senior	27
868	573	Pedro Pinheiro	00:25:46	00:51:19	00:50:40	846		Senior	133
869	2299	Hugo Agua	00:26:46	00:51:21	00:50:43	850		V40	125
870	2054	Jorge Ponciano	00:26:14	00:51:22	00:51:00	866		V50	105
871	1747	Isabel David	00:25:43	00:51:22	00:51:15	885	7COLINASRUNNERS	V40	23
872	91	Nuno Oliveira	00:26:02	00:51:22	00:51:17	887		V45	138
873	260	Paula Fernandes	00:25:26	00:51:23	00:51:18	888	Linda-a-Pastora Sporting Clube	V55	9
874	1528	Ricardo Santos	00:26:23	00:51:23	00:51:04	872		V40	126



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
875	1281	Luís Barrelas	00:25:30	00:51:25	00:51:18	889	Os Zatopeques	V50	106
876	979	Toke Bull	00:27:00	00:51:26	00:50:37	841		Senior	134
877	874	Manuel Martins	00:26:09	00:51:28	00:51:23	895		V65	15
878	2146	Paulo Francisco	00:26:15	00:51:28	00:51:02	869		V60	37
879	2291	Jose Henriques	00:26:17	00:51:31	00:51:19	891		V50	107
880	2292	Marina Henriques	00:26:17	00:51:31	00:51:19	892		V60	2
881	166	Zulmira Rodrigues	00:25:48	00:51:35	00:51:12	877		V45	24
882	2163	Pedro Magalhães	00:26:03	00:51:36	00:51:31	903		Senior	135
883	1880	Tomás Silva	00:26:58	00:51:36	00:50:53	862		Junior	18
884	1069	Karolina Szerlag	00:25:48	00:51:37	00:51:29	901		Senior	28
885	1756	Nuno Marques	00:25:58	00:51:38	00:51:27	900	RunLovers	V55	66
886	23	Emanuel Martinho	00:25:58	00:51:38	00:51:14	881		V40	127
887	25	Nuno Carvalho	00:25:55	00:51:39	00:51:14	880		V45	139
888	2101	Hermínio Tavares	00:25:22	00:51:39	00:51:24	897		V35	123
889	846	Jorge Mimoso	00:26:42	00:51:40	00:51:09	874		V50	108
890	1948	Bárbara Gonçalves	00:26:44	00:51:40	00:51:03	870	FIDELIDADE GDC	V35	22
891	521	Mário Veiga	00:26:27	00:51:41	00:51:19	890		V50	109
892	1901	Rogério Dias	00:26:08	00:51:43	00:51:37	907	GMCJamor	V45	140
893	53	José Fidalgo	00:26:53	00:51:46	00:51:40	910		V55	67



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
894	787	Ana Monteiro	00:26:09	00:51:46	00:51:45	914	G.D.R. São Francisco da Serra	V45	25
895	1047	Nuno Silva	00:26:13	00:51:47	00:51:14	882		V45	141
896	746	Maria Costa	00:26:15	00:51:47	00:51:15	884		V45	26
897	340	Daniel Baptista	00:26:17	00:51:48	00:51:26	899		Senior	136
898	1684	Dulcinio Nascimento	00:26:41	00:51:50	00:51:04	871		V50	110
899	1878	Eduardo Cabrita	00:26:50	00:51:50	00:51:25	898		V55	68
900	1052	Dina Ferreira	00:26:24	00:51:51	00:51:15	883		V45	27
901	733	Rui Pastor	00:26:33	00:51:52	00:51:34	906	CCDTMetroLX	V50	111
902	1724	Antonio Lourenço	00:25:26	00:51:53	00:51:30	902		V45	142
903	1457	Nivaldo Oliveira	00:26:11	00:51:55	00:51:42	913		V50	112
904	266	Hugo Santos	00:27:15	00:51:57	00:51:01	867	União Desportiva de Alfovelos	V45	143
905	798	José Morais	00:27:13	00:51:58	00:51:20	893	Os Zatopeques	V60	38
906	802	João Silva	00:27:12	00:51:58	00:51:21	894	Os Zatopeques	V65	16
907	457	Bruno Correia	00:27:10	00:51:58	00:51:49	915		V40	128
908	384	André Mendonça	00:26:22	00:51:59	00:51:41	912		V40	129
909	1905	António Cardoso	00:26:06	00:51:59	00:51:40	911		V35	124
910	1549	Daniel Costa	00:26:39	00:52:01	00:51:23	896		V45	144
911	2079	Sabrina Carvalho	00:26:14	00:52:01	00:51:52	917	Porcalhota Team - Falagueira Venda Nova	V40	24
912	1080	Filipe Côte-Real	00:25:51	00:52:04	00:51:52	916		V60	39





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
913	889	Jane Campos	00:26:21	00:52:04	00:51:40	909		V40	25
914	1611	António Coelho	00:26:17	00:52:05	00:52:03	928	Casa do Benfica em Algueirão Mem Martins	V65	17
915	145	Paulo Gonçalves	00:26:35	00:52:11	00:51:57	920	camara lisboa clube	V50	113
916	1601	Ricardo Junqueiro	00:26:13	00:52:12	00:52:11	943		V40	130
917	1582	Inês Dias	00:26:58	00:52:12	00:52:04	929		Senior	29
918	1670	Pedro Oliveira	00:25:22	00:52:12	00:52:05	933		V40	131
919	617	Pedro Morgado	00:26:55	00:52:12	00:51:31	905		V35	125
920	924	Filipa Gomes	00:26:55	00:52:13	00:51:31	904	SS CGD	Senior	30
921	195	João Gouveia	00:26:31	00:52:15	00:52:08	938		V60	40
922	1212	Bruno Pinto	00:26:59	00:52:17	00:51:38	908		V35	126
923	1682	Patrícia Alves	00:26:35	00:52:18	00:52:09	940		V40	26
924	610	Sérgio Pinto	00:26:38	00:52:20	00:52:07	937		Senior	137
925	51	Tiago Cerqueira	00:26:24	00:52:21	00:52:19	954		Senior	138
926	1945	Fernando Braz	00:27:16	00:52:22	00:52:01	923		V35	127
927	2218	Manuela Gomes	00:26:31	00:52:22	00:52:06	934		V50	12
928	2107	Armando Lopes	00:26:39	00:52:24	00:52:17	952		V60	41
929	1561	André Grilo	00:26:17	00:52:24	00:51:55	918		Senior	139
930	2106	Sami Lima	00:26:15	00:52:24	00:52:14	948		V35	128
931	1873	João Duarte	00:26:27	00:52:26	00:52:21	957		V45	145



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
932	714	Jorge Narciso	00:27:31	00:52:26	00:51:55	919	Serviços Sociais Montepio	V60	42
933	868	Mariana Silva	00:26:24	00:52:27	00:52:03	927		Senior	31
934	1636	Telma Silva	00:26:53	00:52:27	00:52:09	939	Run Tejo - Prevent Sprain	Senior	32
935	754	Inês Filipe	00:27:02	00:52:28	00:51:59	921	Clube EDP - Lisboa	V35	23
936	138	Eduardo Santos	00:26:28	00:52:29	00:52:14	946	Sporting Clube de Casainhos	V45	146
937	715	José Guerreiro	00:26:33	00:52:30	00:52:23	958	Serviços Sociais Montepio	V65	18
938	997	Luciano Pereira	00:26:53	00:52:31	00:52:06	936		V35	129
939	1075	José Tomás	00:26:36	00:52:32	00:52:04	930	MTT MONTES SALOIOS	V50	114
940	877	Gabriel Moreira	00:26:19	00:52:33	00:52:26	960		V65	19
941	1827	Vanda Badé	00:26:37	00:52:33	00:52:05	932		V40	27
942	406	Hugo Rodrigues	00:26:49	00:52:35	00:52:34	972	Correr Queluz	Senior	140
943	454	Inês Mesquita	00:26:33	00:52:35	00:52:21	956		V40	28
944	1719	Cristina Romão	00:26:23	00:52:35	00:52:28	962	CMC - CM Amadora	V50	115
945	896	Daniel Martins	00:27:40	00:52:36	00:52:02	925		V45	147
946	1107	Aurelio Raulino	00:26:55	00:52:36	00:52:15	950		V55	69
947	1132	Rita Palhinha	00:26:44	00:52:37	00:52:11	945		V60	3
948	2301	Jean Gonçalves	00:26:44	00:52:37	00:52:30	963		Senior	141
949	61	Miguel Martins	00:26:52	00:52:38	00:52:04	931		V45	148
950	57	Sonia Ribeiro	00:26:54	00:52:39	00:52:06	935		V40	29



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
951	1871	Joao Duarte	00:27:02	00:52:39	00:52:10	942		V45	149
952	1404	Jorge Pascoal	00:27:15	00:52:41	00:52:01	922		V40	132
953	1427	João Rato	00:26:29	00:52:42	00:52:36	978		V60	43
954	1949	Ruben Portinha	00:27:16	00:52:42	00:52:02	924		V35	130
955	687	Filomena Jacinto	00:26:08	00:52:42	00:52:25	959		V55	10
956	306	Joana Afonso	00:27:16	00:52:42	00:52:02	926	FIDELIDADE GDC	V45	28
957	682	Bauduino Ferreira	00:26:45	00:52:44	00:52:43	986	Núcleo Sporting Clube de Portugal de Minde	V70	2
958	1541	Eduardo Ribeiro	00:27:36	00:52:46	00:52:10	941		V40	133
959	702	Luis Almeida	00:26:47	00:52:47	00:52:39	980	Associação Vale Grande	V50	116
960	1867	Paulo Varela	00:27:05	00:52:48	00:52:41	983		V50	117
961	154	Ricardo Torres	00:26:38	00:52:48	00:52:35	975		Senior	142
962	1477	Inácio Malu	00:27:10	00:52:48	00:52:14	947		V45	150
963	1341	João Valhelhas	00:30:06	00:52:49	00:46:46	531	camara lisboa clube	V50	118
964	1038	Carlos Mota	00:27:13	00:52:50	00:52:11	944	CRC Marvila Jovem	V40	134
965	825	João Gonçalves	00:26:07	00:52:51	00:52:20	955		Senior	143
966	1694	Helder Parrinha	00:26:48	00:52:52	00:52:35	974		V40	135
967	1179	André Janeco	00:26:50	00:52:52	00:52:42	985	ADRR - Associação Desportiva Recreativa O Relâmpago	V35	131
968	63	Paulo Rodrigues	00:26:19	00:52:52	00:52:36	976		V35	132
969	903	Graça Roldão	00:26:59	00:52:54	00:52:45	989		V60	4



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
970	651	Marco Santos	00:26:10	00:52:54	00:52:37	979		V35	133
971	1324	Tiago Vieira	00:26:24	00:52:55	00:52:48	993		V50	119
972	490	Suelen Almeida	00:26:49	00:52:56	00:52:18	953	Grupo Recreativo e Desportivo da Ribeira da Lage	V40	30
973	1037	Anderson Mendonça	00:25:53	00:52:57	00:52:17	951		V45	151
974	438	Rui Vasconcelos	00:26:14	00:52:58	00:52:53	995		V45	152
975	1710	Diego Furtado	00:27:00	00:53:00	00:52:15	949		V35	134
976	1368	Carlos Silva	00:26:48	00:53:01	00:52:41	984		V55	70
977	1837	António Fernandes	00:27:28	00:53:02	00:52:39	981		V60	44
978	87	Paulo Marcelo	00:26:49	00:53:03	00:53:01	998	Correr Queluz	V50	120
979	1954	Conceicao Isabel	00:27:02	00:53:04	00:52:45	988		Senior	144
980	2082	Luis Machado	00:26:55	00:53:04	00:52:48	992	Porcalhota Team - Falagueira Venda Nova	V45	153
981	2223	Stephanie Costa	00:26:58	00:53:04	00:52:30	964		V35	24
982	959	Paulo Patrocinio	00:26:01	00:53:05	00:53:05	1005	Clube Millennium Bcp	Senior	145
983	1557	Pedro Ramos	00:27:40	00:53:05	00:52:32	967		V50	121
984	1864	David Stiehl	00:27:09	00:53:07	00:52:31	965	Bonecada	Senior	146
985	2008	Pedro Bação	00:27:54	00:53:07	00:52:50	994		V45	154
986	574	Luís Figueiredo	00:26:49	00:53:08	00:52:31	966		V40	136
987	1838	Luis Aguiar	00:26:55	00:53:08	00:53:01	1000		V50	122
988	1946	Guilherme Chambel	00:26:38	00:53:09	00:52:47	990		Senior	147



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
989	2154	Luis Abreu	00:27:10	00:53:10	00:52:32	968		V55	71
990	828	Rodrigo Ferreira	00:27:05	00:53:10	00:52:33	971		V55	72
991	2174	Fernando Oliveira	00:26:07	00:53:11	00:52:34	973		V40	137
992	713	Filipe Pinto	00:26:28	00:53:14	00:52:36	977	Serviços Sociais Montepio	V35	135
993	644	João Infante	00:27:13	00:53:15	00:53:01	999	Linda-a-Pastora Sporting Clube	V60	45
994	1997	Joao Moradias	00:27:09	00:53:18	00:52:40	982		V55	73
995	420	Rui Matos	00:27:26	00:53:20	00:53:06	1006		V45	155
996	1232	Manuel Baptista	00:26:23	00:53:20	00:52:56	996	SS CGD	V60	46
997	1388	Tiago Meira	00:27:19	00:53:23	00:53:06	1007		V40	138
998	543	Gonçalo Duarte	00:27:17	00:53:23	00:53:12	1013	GDC Banco de Portugal	V35	136
999	2247	Miguel Ribeiro	00:27:40	00:53:24	00:52:33	969	Running Vikings	Senior	148
1000	1794	Renato Inacio	00:27:50	00:53:24	00:53:04	1004		V60	47
1001	732	Rafael Santos	00:26:00	00:53:28	00:53:13	1015	CCDTMetroLX	V55	74
1002	1981	Ravi Silva	00:26:58	00:53:28	00:52:43	987		Senior	149
1003	127	Tiago Martins	00:27:38	00:53:30	00:52:57	997		V40	139
1004	453	Susana Mendes	00:27:08	00:53:30	00:53:21	1025		V40	31
1005	472	João Marques	00:27:20	00:53:31	00:53:14	1017	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	75
1006	1600	Ana Borges	00:27:01	00:53:32	00:53:15	1020		V45	29
1007	605	Marcos Paula	00:27:12	00:53:32	00:53:30	1035		V45	156



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1008	915	Luis Pereira	00:26:57	00:53:33	00:53:12	1012		V40	140
1009	794	Ricardo Conceição	00:27:37	00:53:34	00:53:34	1042	ASSOCIAÇÃO CULTURAL SAMBRASENSE	V35	137
1010	2040	Marco Neto	00:28:07	00:53:34	00:52:47	991		Senior	150
1011	606	Cristina Ferreira	00:27:12	00:53:34	00:53:32	1040		V45	30
1012	1329	Sofia Carvalho	00:26:52	00:53:34	00:53:25	1028		V35	25
1013	1330	Diogo Viçosa	00:26:51	00:53:34	00:53:25	1029		V35	138
1014	1861	Elsa Rodrigues	00:27:01	00:53:34	00:53:13	1016	PegasusOCRProteam	V35	26
1015	1422	Alexandre Reis	00:27:16	00:53:34	00:53:04	1002		V60	48
1016	767	Fernando Goncalves	00:26:53	00:53:35	00:53:07	1009		V55	76
1017	2033	Ricardo Godinho	00:26:45	00:53:35	00:53:10	1010		V45	157
1018	1953	Luis Ramos	00:26:45	00:53:36	00:53:11	1011		V45	158
1019	626	Maria Borges	00:26:35	00:53:36	00:53:20	1023	Linda-a-Pastora Sporting Clube	V50	13
1020	1480	Pedro Nunes	00:27:04	00:53:38	00:53:30	1037		V55	77
1021	2167	Filipe Homem	00:26:55	00:53:39	00:53:30	1038		Senior	151
1022	635	Andre Godinho	00:27:08	00:53:41	00:53:19	1022		V35	139
1023	1926	Filipa Martins	00:27:34	00:53:42	00:53:15	1019		V40	32
1024	235	Mahendrasinh Bassangy	00:28:00	00:53:43	00:53:04	1003	TBC	V60	49
1025	1248	Manuel Lourenço	00:27:23	00:53:45	00:53:30	1034		V40	141
1026	248	Rui Trindade	00:27:51	00:53:47	00:53:14	1018		V55	78



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1027	1243	Helena Silva	00:27:46	00:53:48	00:53:17	1021		V55	11
1028	1610	Pedro Martins	00:25:09	00:53:49	00:53:46	1072	Casa do Benfica em Algueirão Mem Martins	Senior	152
1029	207	Liliana Romão	00:27:13	00:53:50	00:53:42	1056		Senior	33
1030	506	Hélder Barros	00:26:58	00:53:50	00:53:43	1060		V45	159
1031	1311	Maria Palma	00:28:56	00:53:50	00:53:48	1079	Linda-a-Pastora Sporting Clube	V40	33
1032	707	António Barbosa	00:28:18	00:53:50	00:53:46	1066	Associação Vale Grande	V40	142
1033	643	Beatriz Barbosa	00:28:18	00:53:50	00:53:45	1061		Junior	3
1034	292	Paulo Sousa	00:27:51	00:53:52	00:53:12	1014		V40	143
1035	1539	Rui Paz	00:27:31	00:53:52	00:53:27	1032		V45	160
1036	136	António Pinto	00:27:10	00:53:53	00:53:33	1041	Linda-a-Pastora Sporting Clube	V60	50
1037	1775	Francisco Teixeira	00:27:23	00:53:54	00:53:39	1052		V40	144
1038	168	Henrique Ferreira	00:27:25	00:53:54	00:53:46	1070		V40	145
1039	443	Carlos Rocha	00:27:26	00:53:55	00:53:45	1062		V50	123
1040	371	Maria Augusto	00:27:25	00:53:55	00:53:46	1067		V55	12
1041	1130	Joaquim Sande	00:27:24	00:53:55	00:53:46	1065		V65	20
1042	753	Gonçalo Rodrigues	00:27:07	00:53:55	00:53:42	1058	Clube EDP - Lisboa	V35	140
1043	408	Maria Varela	00:27:25	00:53:55	00:53:46	1068	Correr Queluz	V50	14
1044	677	Artur Carvalho	00:27:24	00:53:55	00:53:46	1069	Correr Queluz	V50	124
1045	1194	Fernando Faria	00:27:24	00:53:55	00:53:45	1063	Correr Queluz	V60	51



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1046	471	João Santos	00:27:24	00:53:55	00:53:47	1077	Correr Queluz	V35	141
1047	84	Carla Serrano	00:27:25	00:53:55	00:53:47	1075	Correr Queluz	V45	31
1048	29	Pedro Alves	00:27:14	00:53:56	00:53:38	1047		V40	146
1049	293	António Santos	00:27:25	00:53:56	00:53:43	1059		V45	161
1050	366	Maria Conchinha	00:27:51	00:53:56	00:53:37	1046		V65	1
1051	1851	Rita Oliveira	00:26:55	00:53:57	00:53:38	1049		V40	34
1052	475	Cândida Ganchas	00:27:52	00:53:58	00:53:47	1076	Grupo Recreativo e Desportivo da Ribeira da Lage	V45	32
1053	1228	João Belo	00:27:37	00:53:58	00:53:39	1054		Senior	153
1054	988	Carlos Neves	00:27:10	00:53:58	00:53:47	1078		V50	125
1055	989	Tania Azevedo	00:27:31	00:53:59	00:53:31	1039		V45	33
1056	69	Rui Pereira	00:26:52	00:53:59	00:53:46	1071		V35	142
1057	2138	Rui Rodrigues	00:26:31	00:53:59	00:53:39	1053		V45	162
1058	401	Marcos Leonardo	00:27:30	00:54:00	00:53:39	1055		V70	3
1059	691	José Véstias	00:26:32	00:54:01	00:53:55	1085	SIMECQ	V50	126
1060	296	Marcelo Fonseca	00:28:07	00:54:01	00:53:25	1027		Senior	154
1061	1294	José Silva	00:27:22	00:54:03	00:54:00	1090		V40	147
1062	1968	Filipa Urbano	00:27:18	00:54:04	00:53:38	1050		Senior	34
1063	1018	André Martins	00:26:16	00:54:04	00:53:27	1033		V40	35
1064	2095	Nuno Bento	00:28:02	00:54:04	00:53:02	1001		V35	143





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1065	1056	Beatriz Cunha	00:27:40	00:54:06	00:53:45	1064		Senior	35
1066	2124	Luís Carvalho	00:28:18	00:54:06	00:53:20	1024		V40	148
1067	345	Carlos Reis	00:27:35	00:54:07	00:53:26	1030		Senior	155
1068	110	Frederico Beato	00:26:16	00:54:07	00:53:30	1036		Senior	156
1069	1652	Jorge Rodrigues	00:27:57	00:54:07	00:53:26	1031		V55	79
1070	2248	Filomena Pestana	00:27:20	00:54:07	00:54:07	1100		V50	15
1071	1620	Sérgio Figueiredo	00:26:50	00:54:08	00:54:00	1091		Senior	157
1072	1892	Anderson Junior	00:28:10	00:54:08	00:53:06	1008		Senior	158
1073	1247	Nayane Luz	00:27:11	00:54:09	00:53:53	1082		Senior	36
1074	822	Elsa Pires	00:26:56	00:54:10	00:54:09	1103		Senior	37
1075	172	Vasco Palma	00:27:40	00:54:11	00:53:58	1088		V60	52
1076	950	Helder Baptista	00:26:35	00:54:11	00:53:38	1048	Clube Millennium Bcp	V55	80
1077	564	António Gonçalves	00:29:24	00:54:11	00:53:35	1043		V70	4
1078	1764	Cristina Carrega	00:27:17	00:54:12	00:54:11	1105		V50	16
1079	883	Alexandra Silva	00:31:25	00:54:13	00:53:42	1057		V50	17
1080	383	João Xisto	00:28:58	00:54:14	00:53:22	1026		Junior	19
1081	560	Bruno Silva	00:27:09	00:54:14	00:53:57	1086		V45	163
1082	1893	José Dias	00:28:00	00:54:14	00:53:37	1045		Senior	159
1083	1567	Helia Santos	00:28:03	00:54:14	00:53:48	1080	CUA Benaventense - 3B triatlo	V40	36



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1084	1314	Ramiro Canto	00:26:26	00:54:15	00:54:13	1108		V55	81
1085	1623	Filipe Luz	00:28:00	00:54:16	00:53:38	1051		Senior	160
1086	2297	Jorge Barros	00:27:14	00:54:17	00:53:53	1083		V50	127
1087	971	Luis Rato	00:27:46	00:54:18	00:53:55	1084	CA Patameiras	V70	5
1088	1703	José Teixeira	00:27:21	00:54:18	00:54:02	1092		V50	128
1089	1164	Marco Micheletto	00:26:03	00:54:18	00:54:12	1107		V40	149
1090	783	Francisco Alves	00:26:17	00:54:19	00:54:03	1096		Senior	161
1091	1522	Nuno Oriola	00:28:26	00:54:20	00:53:46	1073		V45	164
1092	866	Paulo Lopes	00:27:48	00:54:21	00:53:50	1081	Alverca Urban Runners	V40	150
1093	1523	Sandra Fernandes	00:28:26	00:54:21	00:53:46	1074		V50	18
1094	1113	Davide Antunes	00:27:31	00:54:22	00:54:02	1093		V40	151
1095	68	Sandra Lopes	00:27:32	00:54:25	00:54:06	1098		V45	34
1096	1479	Caio Brandao	00:27:15	00:54:25	00:53:36	1044		Senior	162
1097	1022	Matheus Vianna	00:27:35	00:54:28	00:54:09	1104		V40	152
1098	65	Diogo Silva	00:26:33	00:54:28	00:54:02	1094		V35	144
1099	717	Paulo Pereira	00:27:50	00:54:30	00:53:59	1089	Serviços Sociais Montepio	V50	129
1100	2183	Gilberto Soares	00:27:53	00:54:30	00:54:07	1099		V40	153
1101	1964	Igor Silva	00:27:36	00:54:31	00:54:12	1106		V40	154
1102	1550	Hugo Barata	00:27:46	00:54:34	00:54:08	1101		V45	165



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1103	331	Maria Almeida	00:27:48	00:54:35	00:54:02	1095		V40	37
1104	1332	Emanuel Pires	00:27:54	00:54:35	00:54:27	1113		Senior	163
1105	70	Filipe Martins	00:27:51	00:54:36	00:53:57	1087		V40	155
1106	2141	Vítor Roios	00:27:51	00:54:41	00:54:35	1122		V55	82
1107	2148	Nuno Silva	00:27:52	00:54:41	00:54:35	1123		V50	130
1108	1918	João Vilares	00:28:22	00:54:43	00:54:13	1109		V35	145
1109	615	Joao Moreira	00:27:41	00:54:44	00:54:08	1102		V50	131
1110	343	David Rosa	00:27:54	00:54:45	00:54:22	1110		V45	166
1111	2076	Ana Frias	00:27:10	00:54:45	00:54:35	1124	Porcalhota Team - Falagueira Venda Nova	V40	38
1112	1495	Alexandre Chemerys	00:26:44	00:54:46	00:54:36	1125		Junior	20
1113	1121	Jose Santos	00:27:42	00:54:48	00:54:38	1129	Grupo Desportivo Santander Totta	V50	132
1114	1014	Ricardo Leitão	00:28:44	00:54:49	00:54:05	1097		V45	167
1115	1692	Paulo Martins	00:27:44	00:54:49	00:54:42	1137		V60	53
1116	148	Colombo Quintal	00:27:56	00:54:49	00:54:27	1114		V40	156
1117	250	Antonio Teixeira	00:27:48	00:54:50	00:54:37	1127		V35	146
1118	1664	Pedro Romao	00:26:59	00:54:51	00:54:23	1111		V35	147
1119	27	João Filipe	00:28:06	00:54:51	00:54:28	1115		V40	157
1120	961	Pedro Broco	00:27:55	00:54:52	00:54:30	1120	Clube Millennium Bcp	V50	133
1121	964	Rui Rijo	00:27:55	00:54:53	00:54:31	1121	Clube Millennium Bcp	V55	83



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1122	2136	José Veiga	00:28:44	00:54:55	00:54:24	1112		V60	54
1123	2122	Rui Santos	00:28:25	00:54:55	00:54:38	1130		V55	84
1124	1701	Daniel Costa	00:28:11	00:54:55	00:54:36	1126		Senior	164
1125	1442	João Carvalhinho	00:27:32	00:54:56	00:54:45	1138		V65	21
1126	94	Andreza Araújo	00:28:15	00:54:56	00:54:40	1134		V45	35
1127	64	António Campos	00:26:55	00:54:56	00:54:41	1136		V45	168
1128	897	João Veigas	00:28:58	00:54:56	00:54:40	1135		V35	148
1129	928	Luis Gomes	00:28:02	00:54:56	00:54:30	1118	SS CGD	V50	134
1130	2104	Vasco Morão	00:28:58	00:54:56	00:54:39	1131		V40	158
1131	116	Pedro Lourenço	00:26:43	00:54:57	00:54:53	1143		V35	149
1132	344	João Domingues	00:27:04	00:54:57	00:54:38	1128		V50	135
1133	1374	Meirevone Ferreira	00:27:04	00:54:58	00:54:55	1147		V50	19
1134	850	Rui Noronha	00:27:22	00:55:01	00:54:28	1117		V50	136
1135	1102	Daniel Sampaio	00:27:23	00:55:02	00:54:28	1116	Team El Comandante	V45	169
1136	565	Nuno Santos	00:28:28	00:55:04	00:54:50	1139		V45	170
1137	135	José Proença	00:27:30	00:55:05	00:54:57	1150	Linda-a-Pastora Sporting Clube	V60	55
1138	220	António Santos	00:27:25	00:55:06	00:55:00	1154		V50	137
1139	537	Silvino Martins	00:27:16	00:55:06	00:55:04	1159		V70	6
1140	922	Andreia Costa	00:28:24	00:55:07	00:54:30	1119	SS CGD	V40	39



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1141	586	Patricia Soares	00:28:14	00:55:08	00:54:39	1132	MTT MONTES SALOIOS	V35	27
1142	587	Pedro Francisco	00:28:14	00:55:08	00:54:39	1133	MTT MONTES SALOIOS	V35	150
1143	1319	Hugo Cardoso	00:27:30	00:55:10	00:54:55	1146		V35	151
1144	1380	Carla Neves	00:27:52	00:55:13	00:54:59	1153		V50	20
1145	484	Vitor Revez	00:27:46	00:55:16	00:54:58	1152	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	56
1146	1012	Nuno Nunes	00:28:00	00:55:17	00:54:52	1141		V50	138
1147	888	Valdinei Cristo	00:27:19	00:55:20	00:55:03	1155		V40	159
1148	1651	António Almeida	00:28:12	00:55:21	00:54:52	1142		V60	57
1149	579	Nuno Moreira	00:28:20	00:55:21	00:55:08	1161		V40	160
1150	2056	Sofia Marques	00:28:30	00:55:23	00:55:03	1156		V40	40
1151	588	Célia Sousa	00:27:52	00:55:26	00:55:17	1169	GDCT-INCM	V50	21
1152	498	Lurdes Romero	00:28:07	00:55:27	00:54:55	1144	Grupo Recreativo e Desportivo da Ribeira da Lage	V65	2
1153	661	Guilherme Santos	00:27:46	00:55:27	00:54:51	1140		Senior	165
1154	550	Rui Fernandes	00:27:13	00:55:28	00:55:04	1158		V50	139
1155	1460	Ricardo Oliveira	00:28:05	00:55:28	00:55:27	1181		Senior	166
1156	570	Igor Abibe	00:29:24	00:55:31	00:54:55	1145		Senior	167
1157	2203	Karim Bangy	00:27:55	00:55:32	00:55:29	1182	GDC Banco de Portugal	V45	171
1158	1200	Rodrigo Nicolau	00:27:57	00:55:34	00:55:19	1171		V35	152
1159	1894	Sónia Fernandes	00:28:01	00:55:34	00:54:56	1148		Senior	38



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1160	1364	Sara Casaleiro	00:27:48	00:55:37	00:55:11	1163		V35	28
1161	2142	Marwan Bada	00:27:15	00:55:37	00:55:10	1162		V45	172
1162	2039	Diogo Luís	00:29:15	00:55:40	00:55:13	1166		Senior	168
1163	791	Carlos Carvalho	00:28:41	00:55:41	00:55:12	1164	SERUL	V50	140
1164	1532	Natasha Dias	00:27:44	00:55:42	00:55:40	1195		V50	22
1165	1947	Pedro Teixeira	00:27:34	00:55:42	00:55:04	1157		V35	153
1166	1699	João Tavares	00:28:26	00:55:45	00:55:13	1165		V35	154
1167	2110	Ricardo Lima	00:28:49	00:55:46	00:55:16	1167		V45	173
1168	312	Paula Machado	00:28:43	00:55:46	00:55:25	1180		V70	1
1169	2229	Raquel Fonseca	00:28:08	00:55:46	00:55:30	1183		V40	41
1170	96	Carlos Martins	00:28:06	00:55:47	00:55:20	1172		V40	161
1171	1937	Ana Vitorino	00:28:45	00:55:49	00:55:35	1189		V45	36
1172	1028	João Brás	00:29:49	00:55:50	00:54:56	1149		Senior	169
1173	2052	Dário Hipólito	00:28:08	00:55:50	00:55:22	1175		Senior	170
1174	569	Sónia Eugénio	00:27:54	00:55:51	00:55:45	1198		V45	37
1175	563	Tiago Gonçalves	00:29:25	00:55:53	00:55:16	1168		V35	155
1176	1239	Maria Carvalho	00:28:13	00:55:53	00:55:51	1204		Senior	39
1177	1140	Tiago Faneca	00:28:25	00:55:53	00:55:23	1178		V50	141
1178	1141	Ana Moutinho	00:28:25	00:55:53	00:55:23	1177		V50	23



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1179	1376	Ivan Lourenço	00:27:40	00:55:54	00:54:57	1151		Senior	171
1180	314	Diogo Rodrigues	00:27:55	00:55:55	00:55:32	1185		Senior	172
1181	193	Ana Morgado	00:28:07	00:55:56	00:55:32	1186		V45	38
1182	2159	Afonso Rodrigues	00:27:58	00:55:56	00:55:51	1205		V45	174
1183	1884	Luis Martins	00:28:30	00:55:56	00:55:23	1176		V45	175
1184	1848	António Ventura	00:28:08	00:55:57	00:55:37	1190		V50	142
1185	1304	Rafaela Norte	00:29:02	00:55:57	00:55:21	1173	RB RUNNING-SFRAA	Senior	40
1186	1043	Nuno Alves	00:28:38	00:55:58	00:55:42	1196		V45	176
1187	1029	Rui Bras	00:29:50	00:55:58	00:55:05	1160		Senior	173
1188	621	Carlos Carracha	00:28:43	00:55:58	00:55:23	1179		V50	143
1189	1721	Jose Ideias	00:29:02	00:55:58	00:55:21	1174	CMC - CM Amadora	V60	58
1190	1423	Luís Silva	00:28:54	00:56:00	00:55:45	1199		V50	144
1191	2038	Nádia Abrantes	00:28:13	00:56:00	00:55:35	1188		Senior	41
1192	2286	Elia Pires	00:28:27	00:56:03	00:55:59	1213		V45	39
1193	2256	Lea Lopes	00:29:22	00:56:03	00:55:18	1170		Senior	42
1194	970	Paulo Gamboa	00:29:13	00:56:03	00:55:39	1194	CA Patameiras	V50	145
1195	1465	Mónica Vilarinho	00:29:14	00:56:04	00:55:39	1192		V40	42
1196	1797	Carlos Reis	00:28:26	00:56:04	00:56:02	1219		V55	85
1197	1411	Helder Amaral	00:27:31	00:56:05	00:55:59	1212		Senior	174



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1198	238	Celestino Almeida	00:28:25	00:56:05	00:55:52	1206	A TEAM AGEAS	V55	86
1199	436	Nelson Melo	00:28:37	00:56:05	00:55:31	1184		V45	177
1200	2001	Carlos Rodrigues	00:28:29	00:56:06	00:55:48	1201		V40	162
1201	122	Ricardo Faria	00:28:27	00:56:06	00:56:04	1223		V45	178
1202	1501	João Marques	00:28:27	00:56:06	00:56:04	1222		V55	87
1203	1796	Domingos Castro	00:28:27	00:56:06	00:56:04	1220		V60	59
1204	271	João Silva	00:29:01	00:56:08	00:55:50	1203	Os Silvas	V35	156
1205	1370	Rute Ribeiro	00:27:55	00:56:08	00:56:04	1221		V40	43
1206	270	Agostinho Silva	00:29:01	00:56:08	00:55:50	1202	Os Silvas	V60	60
1207	1970	Renato Afonso	00:28:08	00:56:08	00:55:38	1191		Senior	175
1208	196	Ricardo Ramos	00:29:17	00:56:10	00:56:00	1216		Senior	176
1209	108	Maguy Graça	00:28:55	00:56:11	00:55:34	1187		V35	29
1210	930	Paulo Bailão	00:28:17	00:56:14	00:55:43	1197	SS CGD	V50	146
1211	2005	Alena Artamonova	00:28:12	00:56:15	00:56:10	1233		V35	30
1212	894	Tiago Almeida	00:27:30	00:56:15	00:55:59	1214		V35	157
1213	2296	Rafael Azriel	00:28:26	00:56:15	00:56:09	1232		V55	88
1214	1656	Alexandra Ferro	00:28:59	00:56:16	00:55:58	1211		V50	24
1215	1143	Antonio Manuel	00:28:13	00:56:17	00:56:02	1218		V65	22
1216	914	Manuel Fonseca	00:28:28	00:56:19	00:56:16	1240	Amigos do Atletismo de Mafra	V60	61





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1217	2130	Gildmar Vaz	00:30:08	00:56:20	00:52:27	961		V35	158
1218	400	Carlos Silva	00:29:40	00:56:20	00:55:56	1208	GMCJamor	V60	62
1219	808	Gonçalo Lucio	00:29:05	00:56:22	00:55:59	1215		Senior	177
1220	724	Eugénia Ribeiro	00:27:37	00:56:24	00:56:19	1243	SIMECQ	V50	25
1221	1409	Francisco Santo	00:27:53	00:56:25	00:56:11	1235		Senior	178
1222	2139	Telma Rodrigues	00:27:51	00:56:26	00:55:55	1207		Senior	43
1223	186	Maria Coronha	00:28:27	00:56:28	00:56:01	1217		V40	44
1224	2182	Tomé Santos	00:29:39	00:56:29	00:55:39	1193		V35	159
1225	162	Luis Rodrigues	00:28:19	00:56:30	00:56:21	1244	2Prunnuers4fun	V45	179
1226	737	Carina Silva	00:29:16	00:56:33	00:55:58	1209		V40	45
1227	738	Marco Pedro	00:28:34	00:56:33	00:55:58	1210		V45	180
1228	1566	Dora Arenga	00:28:29	00:56:34	00:56:31	1258	CLUBE ATLETISMO AMIGOS DE BELÉM	V50	26
1229	2134	Daniela Ramos	00:28:30	00:56:34	00:56:25	1251		Senior	44
1230	182	Ramonique Lim	00:28:51	00:56:36	00:56:32	1259		Senior	45
1231	479	Cátia Ramos	00:27:57	00:56:36	00:56:25	1248	Grupo Recreativo e Desportivo da Ribeira da Lage	V40	46
1232	1816	Eduarda Martins	00:28:49	00:56:36	00:55:47	1200		Senior	46
1233	1089	Vera Toubarro	00:28:27	00:56:39	00:56:15	1239		V40	47
1234	1227	Madalena Augusto	00:28:27	00:56:39	00:56:14	1238		V40	48
1235	869	João Canas	00:28:59	00:56:39	00:56:09	1231		V35	160



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1236	906	José Natal	00:28:47	00:56:40	00:56:05	1225		V50	147
1237	495	Paulo Santos	00:29:06	00:56:40	00:56:10	1234	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	89
1238	1576	Carolina Gomes	00:29:22	00:56:41	00:56:06	1227		Senior	47
1239	1917	David Correia	00:32:05	00:56:42	00:56:30	1255		V45	181
1240	1345	Pedro Figueiredo	00:28:59	00:56:42	00:56:12	1236	Team VM	V50	148
1241	2031	Marina Domingues	00:28:14	00:56:42	00:56:18	1241		V40	49
1242	1346	Maria Teixeira	00:28:59	00:56:42	00:56:12	1237	Team VM	V40	50
1243	801	Orlando Silva	00:29:22	00:56:44	00:56:05	1224	Os Zatopeques	V60	63
1244	356	Maria Ferreira	00:29:10	00:56:46	00:56:07	1230	ACR Mealhada	V45	40
1245	1225	Rafael Almeida	00:28:10	00:56:46	00:56:22	1246		Senior	179
1246	398	Camila Anjos	00:28:43	00:56:46	00:56:06	1229	Valejas Atlético Clube	Senior	48
1247	1803	Joao Travado	00:27:15	00:56:47	00:56:43	1270	GDRC PONTERROLENSE	V50	149
1248	1163	Rui Rolo	00:28:17	00:56:47	00:56:30	1256		V50	150
1249	771	Victor Rosca	00:29:31	00:56:47	00:56:06	1228		Senior	180
1250	2224	Vinicius Santos	00:27:32	00:56:50	00:56:05	1226		Senior	181
1251	920	Gonçalo Costa	00:27:11	00:56:50	00:56:25	1247		V50	151
1252	719	Susana Costa	00:22:54	00:56:52	00:56:35	1264	Serviços Sociais Montepio	V40	51
1253	173	Agostinho Figueiredo	00:28:43	00:56:53	00:56:51	1275		V35	161
1254	190	Pedro Rodrigues	00:28:57	00:56:56	00:56:25	1249		V45	182



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1255	191	Ana Ferreira	00:28:57	00:56:56	00:56:25	1250		V40	52
1256	1391	Catarina Afonso	00:29:17	00:56:56	00:56:28	1253		V40	53
1257	1390	Bruno Feijão	00:29:13	00:56:56	00:56:27	1252		V40	163
1258	188	Angelo Fernandes	00:29:06	00:56:57	00:56:40	1267		V50	152
1259	93	António Pinto	00:29:15	00:56:57	00:56:33	1260	Correr Queluz	V65	23
1260	1839	Carlos Costa	00:29:14	00:56:57	00:56:37	1265		V50	153
1261	1155	Tiago Rodrigues	00:29:24	00:56:58	00:56:34	1263		V35	162
1262	1244	Sérgio Dias	00:28:23	00:56:58	00:56:31	1257		V45	183
1263	996	Joana Viana	00:28:52	00:57:00	00:56:34	1262		V35	31
1264	330	José Freitas	00:27:57	00:57:00	00:56:40	1268		V45	184
1265	645	Fabiano Ferreira	00:28:28	00:57:03	00:56:44	1271		V40	164
1266	722	Ana Nunes	00:29:00	00:57:05	00:56:33	1261	SIMECQ	V50	27
1267	1385	Luisa Ralha	00:28:32	00:57:06	00:56:39	1266		V65	3
1268	539	Miguel Bessa	00:29:14	00:57:06	00:56:43	1269		V45	185
1269	2287	Nuno Pires	00:28:31	00:57:07	00:57:04	1291		V40	165
1270	2264	Ana Pereira	00:29:03	00:57:08	00:57:03	1288		V55	13
1271	1020	Cátia Santos	00:29:31	00:57:12	00:56:45	1273		V40	54
1272	1936	Rita Capucho	00:29:05	00:57:15	00:57:01	1286		V50	28
1273	1900	Helder Ribeiro	00:29:16	00:57:16	00:56:28	1254		Senior	182



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1274	1448	Carlos Coelho	00:30:12	00:57:17	00:56:51	1277		V60	64
1275	215	Cidália Carvalheiro	00:29:15	00:57:17	00:56:49	1274		V40	55
1276	2061	Ricardo Gaspar	00:30:57	00:57:17	00:56:18	1242		V45	186
1277	45	Hugo Dionisio	00:28:42	00:57:18	00:56:44	1272		V45	187
1278	1612	João Pereira	00:28:38	00:57:19	00:57:03	1287		Senior	183
1279	940	Antonio Rodrigues	00:28:53	00:57:21	00:56:58	1281	Clube Millennium Bcp	V40	166
1280	978	Cristiano Correia	00:27:50	00:57:23	00:57:01	1285		Senior	184
1281	602	João Gomes	00:29:25	00:57:24	00:57:03	1289		V50	154
1282	1809	João Antunes	00:28:07	00:57:27	00:57:08	1299		V55	90
1283	2097	Bruce Pires	00:25:48	00:57:27	00:57:20	1311		Senior	185
1284	1083	Maria Nobrega	00:29:33	00:57:27	00:56:51	1276		V45	41
1285	1000	Filipe Moreira	00:29:25	00:57:27	00:56:55	1280		V35	163
1286	1690	Nânci Bôto	00:28:57	00:57:29	00:57:08	1298		Senior	49
1287	1293	Ana Margaça	00:29:11	00:57:29	00:57:10	1301		Senior	50
1288	43	Andreia Barreto	00:28:58	00:57:29	00:57:08	1297		Senior	51
1289	414	Filipe Nunes	00:28:58	00:57:30	00:57:08	1296		Senior	186
1290	101	Francisco Amaro	00:29:29	00:57:31	00:57:05	1293		V55	91
1291	955	Luis Reis	00:29:36	00:57:31	00:57:04	1290	Clube Millennium Bcp	V55	92
1292	598	Joel Ginga	00:29:30	00:57:32	00:56:53	1278		V40	167



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1293	1286	Elsa Silva	00:28:53	00:57:32	00:57:18	1307		V45	42
1294	410	Vítor Correia	00:29:52	00:57:33	00:56:55	1279		V45	188
1295	158	Ana Neto	00:29:45	00:57:35	00:57:13	1302	Linda-a-Pastora Sporting Clube	V45	43
1296	1157	Sergio Reves	00:30:51	00:57:36	00:57:00	1284		Senior	187
1297	2288	Paulo Falcao	00:29:29	00:57:36	00:57:29	1316		V35	164
1298	1126	Paula Guerreiro	00:29:38	00:57:38	00:57:10	1300		V50	29
1299	286	Guida Cid	00:29:12	00:57:39	00:57:27	1314		V50	30
1300	183	Fabiana Bonito	00:29:01	00:57:39	00:57:05	1294		Senior	52
1301	1148	André Trindade	00:29:51	00:57:40	00:56:59	1282		V35	165
1302	1857	Nuno Santos	00:28:24	00:57:41	00:57:30	1318		V35	166
1303	1127	Antonio Ribeiro	00:29:38	00:57:42	00:57:14	1303		V75	1
1304	684	Catarina Fontinha	00:30:20	00:57:43	00:57:14	1304	Núcelo Sporting Clube de Portugal de Minde	V45	44
1305	2068	David Patrício	00:29:34	00:57:44	00:57:43	1331	Porcalhota Team - Falagueira Venda Nova	Senior	188
1306	1697	José Aires	00:28:48	00:57:45	00:56:59	1283		V65	24
1307	633	Catarina Tomé	00:29:42	00:57:46	00:57:05	1292		V40	56
1308	2003	Eduardo Alves	00:29:58	00:57:46	00:57:19	1309		V45	189
1309	634	Paulo Tomé	00:29:45	00:57:46	00:57:06	1295		V40	168
1310	251	Sandra Paulico	00:28:23	00:57:51	00:57:32	1319		V40	57
1311	2143	Nélio Santos	00:29:08	00:57:51	00:57:25	1313		Senior	189



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1312	211	Claidir Rendall	00:29:11	00:57:53	00:57:19	1308		V35	167
1313	1866	Paulo Cordeiro	00:29:44	00:57:54	00:57:23	1312		V50	155
1314	1063	Armando Costa	00:29:45	00:57:57	00:57:36	1320		V50	156
1315	283	Virgilio Pinto	00:33:36	00:57:58	00:57:57	1344		V55	93
1316	676	Mário Canganjo	00:27:56	00:57:59	00:57:56	1343		Senior	190
1317	1993	Daniel Vasquez	00:29:37	00:58:00	00:57:43	1330		V35	168
1318	1367	Marta Rodrigues	00:30:36	00:58:03	00:57:39	1322		V40	58
1319	2168	José Freitas	00:29:40	00:58:06	00:57:15	1305		V45	190
1320	860	Tiago Marques	00:29:18	00:58:06	00:57:52	1340		V40	169
1321	1006	Joaquim Lourenço	00:29:02	00:58:07	00:57:40	1323		V50	157
1322	1504	Mario Miguel	00:29:53	00:58:11	00:57:52	1339		V70	7
1323	1251	Rui Nazaré	00:28:27	00:58:11	00:58:08	1351		V40	170
1324	960	Pedro Sa	00:29:54	00:58:12	00:57:18	1306	Clube Millennium Bcp	V50	158
1325	1478	Antonio Caetano	00:29:55	00:58:12	00:57:19	1310		V60	65
1326	743	Nuno Miguel	00:29:29	00:58:13	00:57:43	1329		V50	159
1327	954	Luis Silva	00:28:57	00:58:13	00:58:05	1350	Clube Millennium Bcp	V55	94
1328	1161	Francisco Rosa	00:29:19	00:58:14	00:58:02	1347		Senior	191
1329	2115	Marina Gonçalves	00:29:55	00:58:15	00:57:28	1315		V35	32
1330	1538	Nelson Coelho	00:29:53	00:58:15	00:57:29	1317		V35	169



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1331	934	Paulo Cunha	00:29:57	00:58:16	00:57:50	1333		V55	95
1332	557	Rute Sobral	00:29:26	00:58:16	00:57:42	1324		V45	45
1333	556	Sérgio Pontes	00:29:25	00:58:16	00:57:43	1325		V45	191
1334	1053	Nuno Filipe	00:30:07	00:58:17	00:57:50	1334		V45	192
1335	765	José Rodrigues	00:29:30	00:58:17	00:57:45	1332		V65	25
1336	1322	Miralany Goes	00:29:35	00:58:19	00:57:43	1327		V40	59
1337	1254	Miguel Cocco	00:30:01	00:58:19	00:57:43	1328		V50	160
1338	189	Miguel Cocco	00:29:37	00:58:19	00:57:43	1326		V50	161
1339	1358	Rosa Dias	00:29:35	00:58:20	00:57:56	1342		V50	31
1340	365	Henriqueta Solipa	00:29:33	00:58:22	00:57:50	1335		V60	5
1341	1562	Ana Albuquerque	00:30:24	00:58:24	00:57:50	1337		V50	32
1342	1961	Carla Silva	00:29:04	00:58:24	00:58:18	1360		V50	33
1343	1658	Bjoern Hansen	00:30:33	00:58:25	00:57:38	1321		V35	170
1344	1757	Sandro Pinto	00:29:34	00:58:26	00:57:50	1336	RunLovers	V45	193
1345	913	Jose Borges	00:28:32	00:58:28	00:58:19	1364	Correr Queluz	V55	96
1346	1356	Catarina Francisco	00:28:38	00:58:29	00:58:08	1352		V40	60
1347	1357	João Monteiro	00:28:30	00:58:30	00:58:09	1353		V35	171
1348	933	André Varanda	00:30:50	00:58:32	00:58:00	1346		V35	172
1349	542	Carla Santos	00:29:53	00:58:33	00:58:03	1349	GDC Banco de Portugal	V45	46



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1350	1042	Gonçalo Rodrigues	00:29:08	00:58:35	00:58:11	1354		V35	173
1351	1401	André Pires	00:29:40	00:58:36	00:58:12	1356		V35	174
1352	1262	Elsa Bruxelas	00:30:02	00:58:36	00:58:03	1348	CF Os Belenenses	V65	4
1353	1589	Bruno Belém	00:29:10	00:58:39	00:58:23	1368		V35	175
1354	1984	Sofia Santos	00:30:50	00:58:41	00:57:51	1338		Senior	53
1355	1231	Carla Grancho	00:29:33	00:58:41	00:58:12	1355	FIDELIDADE GDC	V50	34
1356	692	Luis Correia	00:29:20	00:58:43	00:58:16	1359	SIMECQ	V55	97
1357	2071	Marta Sá	00:29:26	00:58:43	00:58:34	1376	Porcalhota Team - Falagueira Venda Nova	V40	61
1358	1211	Fernando Rodrigues	00:29:44	00:58:43	00:58:40	1383		V50	162
1359	1985	João Estêvão	00:30:51	00:58:44	00:57:53	1341		Senior	192
1360	1500	Pedro Azevedo	00:29:44	00:58:47	00:58:19	1363		V35	176
1361	578	Pedro Brito	00:29:15	00:58:50	00:58:22	1367		V50	163
1362	1400	Helio Delgado	00:29:52	00:58:50	00:58:41	1385		V35	177
1363	1872	Alberto Romão	00:30:35	00:58:54	00:58:22	1366		V60	66
1364	213	José Catarino	00:31:05	00:58:56	00:58:00	1345		V55	98
1365	553	Artur Sousa	00:31:09	00:58:57	00:58:13	1357		V65	26
1366	205	Paula Leitao	00:29:43	00:58:59	00:58:29	1371		V45	47
1367	284	Elisabete Maria	00:30:11	00:58:59	00:58:33	1373		V50	35
1368	1359	Gonçalo Figueira	00:31:13	00:59:02	00:58:19	1361		V35	178





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1369	88	João Franco	00:29:22	00:59:02	00:58:39	1382		V55	99
1370	1396	João Resende	00:31:06	00:59:02	00:58:20	1365		Senior	193
1371	1428	Carlos Duarte	00:31:06	00:59:02	00:58:19	1362		V40	171
1372	26	Joaquim Roque	00:29:56	00:59:05	00:58:45	1389		V55	100
1373	1904	Rita Sá	00:30:26	00:59:06	00:59:00	1401		V35	33
1374	1067	Luis Soares	00:28:42	00:59:06	00:58:59	1399		V40	172
1375	143	Nuno Rodrigues	00:29:44	00:59:09	00:58:33	1374	Team Serrano Rodrigues	V40	173
1376	1536	Carlos Martinho	00:29:36	00:59:09	00:58:39	1380		V60	67
1377	265	Sara Carvalho	00:30:49	00:59:09	00:58:14	1358	União Desportiva de Alfoanelos	V45	48
1378	972	Filipe Magalhães	00:29:56	00:59:10	00:58:55	1395	Clube Oriental de Pechão	V45	194
1379	973	Ana Magalhães	00:29:56	00:59:10	00:58:55	1396	Clube Oriental de Pechão	V40	62
1380	1158	Ana Martins	00:29:53	00:59:10	00:58:36	1377		V40	63
1381	1159	Sérgio Martins	00:29:52	00:59:10	00:58:36	1378		V40	174
1382	1667	Tânia Martins	00:29:50	00:59:11	00:58:49	1393		V40	64
1383	1176	Simão Fernandes	00:30:51	00:59:13	00:58:34	1375	ADRR - Associação Desportiva Recreativa O Relâmpago	V45	195
1384	2087	Graziela Alves	00:30:00	00:59:14	00:58:43	1386		V40	65
1385	1978	Vítor Gonçalves	00:30:30	00:59:14	00:58:46	1390		V55	101
1386	1351	Kelson Ventura	00:30:48	00:59:15	00:58:39	1381		Senior	194
1387	837	André Duarte	00:31:58	00:59:16	00:58:28	1370		V35	179



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1388	1081	Wilson Andrade	00:30:46	00:59:17	00:58:27	1369		Senior	195
1389	529	Artur Silva	00:30:47	00:59:18	00:59:17	1409		V35	180
1390	638	Miguel Barata	00:29:53	00:59:19	00:58:48	1392		V50	164
1391	1092	Jose Peliganga	00:30:47	00:59:20	00:58:44	1388		V60	68
1392	981	Nuno Nascimento	00:29:06	00:59:23	00:58:54	1394		V50	165
1393	546	Tiago Catalão	00:30:01	00:59:23	00:58:47	1391	GDC Banco de Portugal	V40	175
1394	1198	Ronilson Sa	00:30:36	00:59:24	00:59:01	1403		V45	196
1395	647	Daniel Almeida	00:30:49	00:59:27	00:58:32	1372		Senior	196
1396	105	Rui Soares	00:30:33	00:59:28	00:59:01	1402		V40	176
1397	106	Cátia Simões	00:30:34	00:59:28	00:59:00	1400		V40	66
1398	1197	Diogo Teixeira	00:30:11	00:59:31	00:59:18	1411		V35	181
1399	1571	Bruno Freire	00:30:12	00:59:32	00:59:19	1412	Bruno freire	V40	177
1400	1086	João Pereira	00:29:52	00:59:33	00:59:08	1404		V60	69
1401	2037	Giovanina Sousa	00:31:13	00:59:34	00:58:44	1387		V35	34
1402	1996	Olena Sadovnik	00:30:03	00:59:35	00:59:22	1417		V35	35
1403	1019	Lília Gonçalves	00:30:18	00:59:38	00:59:11	1407		V55	14
1404	1969	Miguel Alves	00:28:59	00:59:42	00:59:30	1423		Senior	197
1405	518	Joana Balata	00:31:07	00:59:42	00:59:08	1406	Migas	V35	36
1406	517	Milene Celestino	00:31:08	00:59:42	00:59:08	1405	Migas	V35	37



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1407	1267	Inês Bernardo	00:31:00	00:59:44	00:59:11	1408	CF Os Belenenses	V40	67
1408	2279	Matheus Tertuliano	00:30:48	00:59:45	00:58:37	1379		Senior	198
1409	1119	Carlos Morais	00:28:54	00:59:46	00:59:27	1419	Grupo Desportivo Santander Totta	V55	102
1410	902	Pedro Faria	00:30:44	00:59:48	00:59:32	1425		V45	197
1411	901	Anna Arany	00:30:45	00:59:48	00:59:32	1424		V40	68
1412	1607	Manuel Salazar	00:29:40	00:59:48	00:59:35	1427		V35	182
1413	2201	Helena Sécio	00:30:15	00:59:52	00:59:20	1414	100pernas	V55	15
1414	776	Paula Cabaço	00:29:59	00:59:52	00:59:32	1426		V55	16
1415	1606	Tiago Félix	00:30:08	00:59:56	00:58:58	1397		Senior	199
1416	2190	Maria Veiga	00:30:48	00:59:57	00:59:50	1442		Senior	54
1417	1398	Cecilia Santiago	00:30:07	00:59:58	00:59:30	1422		V40	69
1418	1046	Gabriel Cachinho	00:30:12	00:59:58	00:59:39	1432		Junior	21
1419	538	João Veiga	00:31:00	01:00:01	00:59:38	1431		V35	183
1420	616	Josefina Fernandes	00:30:36	01:00:04	00:59:22	1418		V40	70
1421	2034	Isaura Abrantes	00:30:19	01:00:05	00:59:47	1437		V75	1
1422	612	Carla Gonçalves	00:30:19	01:00:05	00:59:47	1438		V50	36
1423	599	Paulo Gordo	00:30:19	01:00:05	00:59:48	1439		V55	103
1424	1820	Mikhail Revin	00:31:20	01:00:05	00:59:49	1441		V40	178
1425	1876	João Junior	00:30:38	01:00:06	00:58:59	1398		Senior	200



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1426	698	Paulo Silva	00:30:50	01:00:06	00:59:37	1429	SIMECQ	V60	70
1427	2199	Carlos Silva	00:30:52	01:00:07	00:59:27	1420	ADRR - Associação Desportiva Recreativa O Relâmpago	V50	166
1428	629	Moises Pires	00:29:48	01:00:10	00:59:37	1430		V55	104
1429	2255	Jose Tome	00:30:56	01:00:10	00:59:35	1428		V45	198
1430	1791	Sara Broa	00:31:29	01:00:11	00:59:17	1410		Senior	55
1431	1693	José Moreira	00:30:26	01:00:12	00:59:55	1451		V45	199
1432	432	Aires Ildefonso	00:31:05	01:00:14	00:59:28	1421		V65	27
1433	500	Cátia Tavares	00:29:46	01:00:16	01:00:05	1457	Grupo Recreativo e Desportivo da Ribeira da Lage	Senior	56
1434	2227	Analtina Miranda	00:31:07	01:00:17	00:59:19	1413		Senior	57
1435	1190	Vitor Batista	00:31:00	01:00:19	00:59:40	1433		V55	105
1436	1940	Celia Paiva	00:30:38	01:00:19	00:59:44	1434		V55	17
1437	1939	Nuno Andre	00:30:38	01:00:20	00:59:45	1435		V45	200
1438	1974	Andreia Lopes	00:30:16	01:00:20	01:00:17	1471		Senior	58
1439	600	Margarida Lopes	00:30:16	01:00:21	01:00:18	1472		Senior	59
1440	709	Telma Jesus	00:31:16	01:00:21	00:59:56	1452	Associação Vale Grande	V45	49
1441	2004	Beatriz Figueiredo	00:30:45	01:00:22	00:59:48	1440		V45	50
1442	2013	Tiago Batista	00:32:06	01:00:22	00:59:21	1416	Os Marretas	Senior	201
1443	975	Ana Monteiro	00:30:27	01:00:22	01:00:12	1466	Ermelindas	Senior	60
1444	974	Maria Barrancos	00:30:35	01:00:22	01:00:12	1465	Ermelindas	V50	37



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1445	2012	Diogo Dias	00:32:07	01:00:22	00:59:21	1415	Os Marretas	Senior	202
1446	1903	Pedro Duarte	00:29:45	01:00:22	01:00:01	1455		V40	179
1447	223	Paulo Velez	00:30:14	01:00:22	01:00:07	1459		V55	106
1448	1748	Rute Policarpo	00:30:56	01:00:23	00:59:57	1454	QUINTINO REAL ESTATE	V35	38
1449	1971	Diogo Santos	00:30:30	01:00:24	00:59:51	1445		Senior	203
1450	1965	Inês Azevedo	00:30:31	01:00:24	00:59:51	1444		V35	39
1451	272	Rui Mena	00:30:23	01:00:24	00:59:51	1446	Amigos do Asfalto	V50	167
1452	274	Hugo Belo	00:30:22	01:00:24	00:59:51	1448	Amigos do Asfalto	V40	180
1453	1863	Miguel Ferreira	00:30:42	01:00:24	01:00:02	1456	Devoradores de quilómetros	Senior	204
1454	2135	João Barata	00:30:22	01:00:24	00:59:51	1443		V60	71
1455	273	João Godinho	00:30:22	01:00:24	00:59:51	1447	Amigos do Asfalto	V40	181
1456	156	Isabel Gomes	00:30:14	01:00:25	01:00:09	1460		V50	38
1457	523	Mafalda Veiga	00:30:50	01:00:26	00:59:54	1449		Junior	4
1458	968	Paula Batalha	00:30:36	01:00:29	00:59:56	1453	Clube Millennium Bcp	V55	18
1459	1237	João Bernardo	00:30:43	01:00:33	01:00:10	1461	Devoradores de quilómetros	Senior	205
1460	336	Helena Gonçalves	00:29:55	01:00:34	01:00:13	1467		V45	51
1461	1180	João Jorge	00:30:35	01:00:34	00:59:55	1450	ADRR - Associação Desportiva Recreativa O Relâmpago	V45	201
1462	337	Paulo Silva	00:29:55	01:00:34	01:00:13	1468		V55	107
1463	1255	Susana Almeida	00:30:54	01:00:35	01:00:06	1458		V35	40



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1464	1236	Nuno Lopes	00:30:42	01:00:35	01:00:12	1464	Devoradores de quilómetros	Senior	206
1465	185	Cidália Borges	00:30:57	01:00:41	01:00:14	1470		V50	39
1466	893	Bruno Domingos	00:30:06	01:00:42	01:00:26	1475		V40	182
1467	1506	Rui Azedo	00:30:10	01:00:42	01:00:30	1480		V40	183
1468	566	Fabiana Zunfrilli	00:30:57	01:00:42	01:00:14	1469		V50	40
1469	1758	Rodrigo Sousa	00:30:39	01:00:45	01:00:10	1463	RunLovers	V40	184
1470	2007	Rui Alves	00:29:22	01:00:48	01:00:26	1476		V50	168
1471	237	Catarina Altas	00:31:08	01:00:51	01:00:25	1474	A TEAM AGEAS	V50	41
1472	294	José Matos	00:30:45	01:00:54	01:00:24	1473		V45	202
1473	476	Sidónia Atanásio	00:31:56	01:00:56	01:00:45	1485	Grupo Recreativo e Desportivo da Ribeira da Lage	V35	41
1474	807	Ricardo Fernandes	00:31:16	01:00:56	01:00:33	1482		V50	169
1475	1973	Pedro Amaro	00:32:12	01:00:57	01:00:10	1462		Senior	207
1476	1841	Paulo Gama	00:29:40	01:01:01	01:00:47	1486		V40	185
1477	1399	Sofia Araújo	00:30:40	01:01:03	01:00:49	1487		V40	71
1478	876	José Guia	00:31:44	01:01:08	01:00:43	1484	SS CGD	V75	2
1479	520	Mónica Santos	00:30:40	01:01:12	01:01:10	1498		V45	52
1480	856	Bernardete Silva	00:31:01	01:01:12	01:00:55	1490		V55	19
1481	437	Mario Monteiro	00:31:19	01:01:16	01:00:32	1481		V55	108
1482	1831	Helder Pires	00:30:13	01:01:16	01:01:07	1496		V35	184



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1483	953	Leonel Brandao	00:31:19	01:01:17	01:01:05	1494	Clube Millennium Bcp	V55	109
1484	1597	José Maia	00:30:50	01:01:18	01:01:00	1493		Senior	208
1485	1641	Guilherme Torres	00:32:47	01:01:21	01:00:28	1477	União Desportiva de Alfoanelos	Junior	22
1486	1253	Cariani Leite	00:32:04	01:01:23	01:00:29	1479		V35	42
1487	1666	Bruno Carvalho	00:32:05	01:01:23	01:00:29	1478		V35	185
1488	2025	Vera Almeida	00:31:03	01:01:26	01:01:06	1495		V40	72
1489	32	Patrícia Ant3nio	00:31:21	01:01:26	01:00:55	1491		V35	43
1490	1456	Joao Gomes	00:31:34	01:01:28	01:01:25	1512		V60	72
1491	759	Carlos Cardoso	00:30:41	01:01:30	01:01:10	1497		V60	73
1492	2156	Sofia Prada	00:29:44	01:01:31	01:01:24	1507		Senior	61
1493	352	Maria Bica	00:31:00	01:01:32	01:01:15	1501	Grupo Recreativo e Desportivo da Ribeira da Lage	V50	42
1494	637	Maria Barata	00:30:41	01:01:34	01:00:57	1492		V50	43
1495	1167	Marco Lourenço	00:31:17	01:01:34	01:00:52	1488		V45	203
1496	653	Maria Borges	00:30:40	01:01:35	01:01:12	1499	GM 1.º Dezembro de Queijas	V60	6
1497	1363	Nuno Rocha	00:31:17	01:01:35	01:00:54	1489		V45	204
1498	231	Gisela Seixas	00:31:37	01:01:39	01:01:20	1503	Correr Queluz	Senior	62
1499	1911	Mariana Fialho	00:32:27	01:01:40	01:00:42	1483		Senior	63
1500	2084	Armindo Gariso	00:31:02	01:01:42	01:01:34	1518	Porcalhota Team - Falagueira Venda Nova	V50	170
1501	1040	Joana Luzia	00:30:16	01:01:43	01:01:20	1504		V35	44



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1502	1914	Carolina Correia	00:31:08	01:01:44	01:01:22	1505		Senior	64
1503	1742	Fernando Oliveira	00:31:19	01:01:45	01:01:24	1506	GDCT-INCM	V55	110
1504	515	António Marrachinho	00:31:04	01:01:53	01:01:14	1500	TREVO4FOLHAS	V60	74
1505	1131	Fernanda Simões	00:31:41	01:01:55	01:01:24	1508		V50	44
1506	1814	Jorge Cruz	00:32:34	01:02:00	01:01:17	1502		V45	205
1507	1563	Bruno Mendes	00:31:55	01:02:00	01:01:25	1510		Senior	209
1508	1564	Ana Sousa	00:31:55	01:02:00	01:01:25	1511		Senior	65
1509	835	Pedro Vieira	00:31:13	01:02:02	01:01:42	1519		V40	186
1510	666	Lucia Alves	00:31:19	01:02:08	01:01:46	1523		V50	45
1511	34	João Campos	00:32:07	01:02:09	01:01:26	1515		V50	171
1512	429	Luis Marques	00:32:06	01:02:09	01:01:25	1509		V45	206
1513	308	Nuno Delgado	00:30:45	01:02:10	01:01:33	1517		V35	186
1514	720	Teresa Quaresma	00:31:58	01:02:10	01:01:45	1521	Serviços Sociais Montepio	V50	46
1515	716	Luís Lourenço	00:31:55	01:02:10	01:01:45	1522	Serviços Sociais Montepio	V45	207
1516	1639	Nuno Café	00:31:49	01:02:12	01:01:26	1514	Lynxrace Club	V45	208
1517	1638	Andreia Cafe	00:31:49	01:02:12	01:01:26	1513	Lynxrace Club	V40	73
1518	1355	Silvia Duarte	00:31:59	01:02:15	01:01:49	1527		V45	53
1519	2153	Susana Ramos	00:30:55	01:02:17	01:01:44	1520		V45	54
1520	1738	Luis Serrão	00:32:11	01:02:20	01:01:47	1526		V40	187





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1521	994	Carlos Santos	00:31:46	01:02:21	01:01:57	1532		V70	8
1522	1559	Charles Tavares	00:33:36	01:02:22	01:01:29	1516		Senior	210
1523	2179	Ana Lopes	00:31:40	01:02:22	01:01:53	1530		V55	20
1524	1153	Mariana Crespo	00:31:12	01:02:25	01:01:46	1524		Senior	66
1525	1154	Inês Machado	00:31:13	01:02:25	01:01:46	1525		Senior	67
1526	1058	Teresa Branco	00:31:56	01:02:26	01:02:11	1540	Clube de Praças da armada	V50	47
1527	1922	Elsa Pereira	00:32:14	01:02:27	01:02:08	1538		V45	55
1528	2261	Manuel Oliveira	00:31:25	01:02:30	01:02:24	1547		V35	187
1529	2205	Susana Rosado	00:32:31	01:02:30	01:01:52	1528	BATNAVÓ	Senior	68
1530	2206	Pedro Gerardo	00:32:31	01:02:30	01:01:52	1529	BATNAVÓ	V35	188
1531	1963	Patrick Jolliffe	00:31:10	01:02:32	01:02:13	1541		V55	111
1532	1591	Deniz David	00:31:22	01:02:32	01:02:06	1535		V35	45
1533	1957	José Bica	00:32:11	01:02:36	01:02:02	1533		V40	188
1534	466	Silvia Pinheiro	00:32:11	01:02:37	01:02:03	1534		V45	56
1535	1581	João Júnior	00:32:08	01:02:38	01:02:10	1539		V40	189
1536	75	João Moacho	00:31:49	01:02:40	01:02:08	1537	Linda-a-Pastora Sporting Clube	V65	28
1537	1372	Hugo Bernardes	00:29:59	01:02:43	01:02:38	1558		V45	209
1538	1588	Soraia Francisco	00:29:59	01:02:43	01:02:39	1559		V45	57
1539	858	Carlos Rodrigues	00:30:52	01:02:44	01:02:07	1536		Senior	211



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1540	86	Rute Marcelo	00:31:03	01:02:45	01:02:44	1562	Correr Queluz	V45	58
1541	686	Paulo Vicente	00:31:08	01:02:46	01:02:34	1557	Núcelo Sporting Clube de Portugal de Minde	V40	190
1542	1133	Maria Cargaleiro	00:31:52	01:02:47	01:02:29	1549		V55	21
1543	1284	António Dias	00:31:45	01:02:47	01:02:19	1542		V60	75
1544	492	Licinia Rego	00:31:07	01:02:50	01:02:21	1544	Grupo Recreativo e Desportivo da Ribeira da Lage	V55	22
1545	1240	Lara Ferreira	00:31:57	01:02:51	01:02:22	1545		V40	74
1546	409	Ana Freitas	00:32:47	01:02:52	01:01:56	1531		V45	59
1547	774	Marta Alves	00:31:30	01:02:53	01:02:23	1546		V45	60
1548	1336	Carlos Marques	00:31:26	01:02:53	01:02:21	1543	GRCD Leião	V60	76
1549	1048	Ondina Marques	00:31:49	01:02:53	01:02:26	1548		V60	7
1550	690	Ana Serra	00:31:37	01:02:57	01:02:51	1566	SIMECQ	V45	61
1551	895	André Silva	00:32:14	01:02:59	01:02:33	1554		V35	189
1552	792	Isabel Santos	00:31:56	01:02:59	01:02:54	1568	ASSOCIAÇÃO CULTURAL SAMBRASENSE	V55	23
1553	632	Luis Proença	00:30:45	01:03:01	01:02:34	1556		V55	112
1554	473	António Santos	00:32:16	01:03:01	01:02:33	1555	Grupo Recreativo e Desportivo da Ribeira da Lage	V80	1
1555	2150	Marco Mesquita	00:30:00	01:03:05	01:02:40	1560		V45	210
1556	1648	Sofia Magalhães	00:30:34	01:03:07	01:02:32	1551		Senior	69
1557	705	Gustavo Almeida	00:30:33	01:03:07	01:02:33	1553	Associação Vale Grande	Senior	212
1558	291	Liliana Jorge	00:32:10	01:03:08	01:02:47	1564		V35	46



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1559	1152	Ana Nunes	00:30:47	01:03:08	01:03:03	1575		V40	75
1560	809	Julia Santos	00:31:38	01:03:08	01:03:05	1578		V55	24
1561	1136	Custodio Atalho	00:31:36	01:03:11	01:02:59	1570		V50	172
1562	1135	Sandra Atalho	00:31:36	01:03:11	01:03:00	1572		V50	48
1563	433	João Pereira	00:31:59	01:03:11	01:02:48	1565		V55	113
1564	58	Ana Rosário	00:32:00	01:03:12	01:02:59	1571		V50	49
1565	1229	Lurdes Viana	00:32:00	01:03:12	01:02:58	1569		V60	8
1566	1263	Bernardino Pereira	00:31:52	01:03:17	01:03:15	1583	CF Os Belenenses	V85	1
1567	1093	Mário Martins	00:31:59	01:03:18	01:02:41	1561	Correr Lisboa	V50	173
1568	474	Ventura Saraiva	00:32:18	01:03:20	01:03:10	1580	Grupo Recreativo e Desportivo da Ribeira da Lage	V70	9
1569	480	Ana Coutinho	00:32:18	01:03:20	01:03:09	1579	Grupo Recreativo e Desportivo da Ribeira da Lage	V35	47
1570	2073	Dina Luis	00:34:02	01:03:21	01:02:33	1552	Porcalhota Team - Falagueira Venda Nova	V55	25
1571	2074	Mário Luis	00:34:02	01:03:21	01:02:32	1550	Porcalhota Team - Falagueira Venda Nova	V55	114
1572	318	Tiago Sá	00:32:28	01:03:21	01:02:52	1567		V40	191
1573	1381	Madalena Felício	00:32:23	01:03:29	01:02:45	1563		V35	48
1574	1138	Miela Alipio	00:31:59	01:03:32	01:03:20	1585		V55	26
1575	985	Francesc Altes	00:32:29	01:03:35	01:03:04	1576		V65	29
1576	757	Marco Cachinho	00:32:06	01:03:36	01:03:18	1584	Clube EDP - Lisboa	V40	192
1577	1907	Wellerson Falcão	00:32:22	01:03:39	01:03:02	1574		Senior	213



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1578	1824	Cleyton Melo	00:32:22	01:03:40	01:03:02	1573		Senior	214
1579	1906	João Cunha	00:32:24	01:03:40	01:03:04	1577		Senior	215
1580	118	Vanessa Costa	00:33:01	01:03:43	01:03:14	1581	MTT MONTES SALOIOS	V35	49
1581	1813	Caio Silva	00:31:42	01:03:44	01:03:39	1593		V40	193
1582	1812	Renata Mahmud	00:31:43	01:03:44	01:03:39	1592		V40	76
1583	351	António Lima	00:32:18	01:03:51	01:03:20	1586	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	77
1584	1327	Jorge Pires	00:31:44	01:03:52	01:03:28	1588		V45	211
1585	963	Ricardo Ourelo	00:34:03	01:03:52	01:03:37	1591	Clube Millennium Bcp	Senior	216
1586	694	Maria Silva	00:32:04	01:03:53	01:03:26	1587	SIMECQ	V60	9
1587	900	Fernando Faria	00:32:08	01:03:53	01:03:45	1598		V45	212
1588	348	Daniela Pintassilgo	00:32:43	01:03:55	01:03:15	1582		Senior	70
1589	1587	Tiago Valente	00:31:33	01:03:57	01:03:33	1590		Senior	217
1590	533	Carla Silva	00:31:50	01:03:57	01:03:48	1599		V35	50
1591	390	Mariana Fulgencio	00:31:50	01:03:57	01:03:51	1600	Casa do Benfica em Algueirão Mem Martins	Senior	71
1592	704	Ana Ribeiro	00:32:23	01:03:58	01:03:55	1603	Associação Vale Grande	V50	50
1593	1732	Carmen Cristino	00:32:36	01:04:11	01:03:41	1595		V50	51
1594	890	Ana Pereira	00:32:36	01:04:12	01:03:42	1596		V50	52
1595	56	Ricardo Valentim	00:31:41	01:04:13	01:04:09	1609		V45	213
1596	1921	Inês Coelho	00:32:24	01:04:14	01:03:54	1602		V35	51



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1597	359	José Santos	00:31:33	01:04:14	01:04:13	1610		V55	115
1598	389	Rosa Dias	00:32:07	01:04:15	01:03:44	1597	Casa do Benfica em Algueirão Mem Martins	V55	27
1599	1777	João Santos	00:32:33	01:04:19	01:03:39	1594		V55	116
1600	1986	Claudia Santos	00:32:28	01:04:21	01:04:17	1615		V45	62
1601	397	António Batista	00:32:19	01:04:24	01:04:05	1606	Club Football Estrela	V75	3
1602	133	Rita Mina	00:32:40	01:04:25	01:04:02	1604	Linda-a-Pastora Sporting Clube	V50	53
1603	917	Lara Rodrigues	00:32:47	01:04:27	01:04:20	1617		V40	77
1604	179	Pedro Gerales	00:33:33	01:04:27	01:03:31	1589		V50	174
1605	1226	Rui Alves	00:31:53	01:04:27	01:04:14	1614		Senior	218
1606	1090	Glaucia Soares	00:32:18	01:04:34	01:04:13	1611		V40	78
1607	2022	João Ribeiro	00:30:42	01:04:34	01:04:13	1612		V45	214
1608	760	Lilia Prymak	00:32:41	01:04:38	01:04:31	1620		Senior	72
1609	1583	João Costa	00:32:16	01:04:40	01:04:06	1608		Senior	219
1610	277	Elias Cruz	00:33:04	01:04:45	01:03:52	1601		V50	175
1611	1238	João Rosário	00:32:03	01:04:51	01:04:48	1631		V50	176
1612	2042	Paulo Neto	00:31:23	01:04:52	01:04:04	1605		V50	177
1613	965	Susana Feliciano	00:33:11	01:04:52	01:04:20	1616	Clube Millennium Bcp	V50	54
1614	1977	Margarida Pereira	00:32:47	01:04:53	01:04:06	1607		Senior	73
1615	788	Isabel Ferreira	00:32:21	01:04:59	01:04:38	1628	G.D.R. São Francisco da Serra	V45	63



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1616	1297	Ricardo Lopes	00:32:47	01:05:00	01:04:37	1627		V45	215
1617	2069	Maria Rianço	00:33:01	01:05:02	01:04:32	1621	Porcalhota Team - Falagueira Venda Nova	V40	79
1618	2096	Ana Carreiro	00:33:38	01:05:03	01:04:13	1613		V45	64
1619	931	Maria Puga	00:33:01	01:05:05	01:04:34	1623	O MUNDO DA CORRIDA	V55	28
1620	842	Carla Perico	00:32:23	01:05:06	01:04:54	1635	Turbolentos	V45	65
1621	821	Sónia Cândido	00:33:30	01:05:08	01:04:47	1630		V40	80
1622	2181	Paulo Nogueira	00:32:43	01:05:08	01:04:48	1633		V60	78
1623	149	Ana Rojas	00:32:45	01:05:08	01:05:05	1643		V40	81
1624	796	Mercedes Fonseca	00:33:05	01:05:09	01:05:04	1642	federação da família para a Paz Mundial e Unificação	V65	5
1625	1224	David Prata	00:32:39	01:05:11	01:04:29	1619		V40	194
1626	1989	Marcelo Matos	00:39:38	01:05:12	00:56:21	1245		V45	216
1627	853	José Matos	00:32:54	01:05:14	01:04:34	1622		Senior	220
1628	104	Célia Azenha	00:33:24	01:05:14	01:05:04	1640		V60	10
1629	147	Cecília Nicolau	00:33:24	01:05:14	01:05:04	1641		V55	29
1630	927	Álvaro Furtado	00:34:49	01:05:15	01:04:26	1618	SS CGD	V65	30
1631	899	Nelson Churro	00:32:53	01:05:15	01:04:36	1626		V35	190
1632	742	António Lopes	00:33:15	01:05:17	01:04:44	1629		V65	31
1633	1091	Tânia Martins	00:33:19	01:05:22	01:04:48	1632		V35	52
1634	2270	Carlos Junior	00:38:38	01:05:22	00:52:33	970	TR SPORTS	V40	195



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1635	1759	Pedro Ferreira	00:33:21	01:05:22	01:04:51	1634	100pernas	V55	117
1636	1898	Joana Aldeias	00:32:36	01:05:23	01:05:09	1645		Senior	74
1637	208	Rui Ribeiro	00:33:41	01:05:29	01:05:14	1649		V50	178
1638	2211	Ana Chaves	00:33:17	01:05:30	01:05:09	1646		V40	82
1639	655	Teresa Teixeira	00:33:01	01:05:32	01:05:01	1639	MTT MONTES SALOIOS	V55	30
1640	2128	João Gonçalves	00:34:17	01:05:32	01:04:35	1624		V35	191
1641	2271	Ana Gonçalves	00:34:18	01:05:32	01:04:35	1625		V40	83
1642	1151	Carolina Matos	00:32:34	01:05:33	01:05:26	1654		Senior	75
1643	1162	Natália Silva	00:32:41	01:05:39	01:05:35	1664		Senior	76
1644	1088	Bruno Miguel	00:32:39	01:05:40	01:04:58	1638		V40	196
1645	2117	João Brites	00:32:06	01:05:40	01:05:29	1659		V55	118
1646	2102	Nuno Marques	00:32:44	01:05:42	01:05:32	1662		V50	179
1647	2118	Hugo Oliveira	00:33:54	01:05:46	01:05:10	1647		V50	180
1648	952	Jose Rebelo	00:33:09	01:05:48	01:05:32	1661	Clube Millennium Bcp	V55	119
1649	1604	Susana Gomes	00:34:04	01:05:48	01:05:20	1651		V45	66
1650	1166	Sara Correia	00:34:20	01:05:49	01:04:56	1636		Senior	77
1651	1165	Nelson Almendra	00:34:20	01:05:50	01:04:57	1637		V35	192
1652	1461	Carla Carvalho	00:33:09	01:05:52	01:05:33	1663	Correr Queluz	V45	67
1653	501	Manuel Rego	00:33:26	01:05:52	01:05:24	1653	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	79



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1654	107	Eva Gonçalves	00:33:10	01:05:54	01:05:43	1667		V45	68
1655	841	Paulo Perico	00:32:41	01:05:55	01:05:43	1668	Turbolentos	V45	217
1656	2133	Paulo Gomes	00:33:20	01:05:55	01:05:28	1658		V55	120
1657	1414	Luis Afonso	00:31:29	01:05:57	01:05:53	1673		V35	193
1658	1264	Carlos Crespo	00:34:28	01:05:58	01:05:39	1665	CF Os Belenenses	V60	80
1659	514	Ricardo Soares	00:32:29	01:05:58	01:05:21	1652	TREVO4FOLHAS	Senior	221
1660	1533	Emer Callaghan	00:33:34	01:05:59	01:05:49	1672		V40	84
1661	1526	Pedro Alferes	00:32:46	01:06:01	01:05:26	1655		V60	81
1662	382	Henrique Ruivo	00:32:58	01:06:03	01:05:30	1660		V60	82
1663	1776	Inês Santos	00:34:03	01:06:06	01:05:26	1656		Senior	78
1664	1671	Mariana Covas	00:34:03	01:06:07	01:05:27	1657		Senior	79
1665	1535	Caren Moura	00:33:42	01:06:08	01:05:58	1678		V50	55
1666	683	Teresa Ferreira	00:33:47	01:06:10	01:05:58	1680	Núcleo Sporting Clube de Portugal de Minde	V70	2
1667	1147	Mauro Matine	00:32:25	01:06:11	01:06:02	1683		V35	194
1668	225	Júlio Silva	00:34:02	01:06:13	01:05:46	1670		Senior	222
1669	194	Junior Barroso	00:33:32	01:06:13	01:05:18	1650		V35	195
1670	347	Vera Santana	00:34:06	01:06:16	01:05:05	1644		V55	31
1671	1424	Ludmila Bisson	00:33:37	01:06:16	01:05:49	1671		V45	69
1672	462	Álvaro Manzo	00:33:11	01:06:18	01:06:08	1686		V45	218





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1673	1325	Maria Cardoso	00:34:24	01:06:21	01:05:54	1674		V45	70
1674	1139	Ana Dias	00:34:24	01:06:21	01:05:54	1675		V45	71
1675	300	Joana Ferreira	00:33:37	01:06:23	01:05:41	1666		V35	53
1676	1387	Pedro Fino	00:33:18	01:06:23	01:05:43	1669		V35	196
1677	2059	Ana Gorgueira	00:34:08	01:06:25	01:05:56	1677		V35	54
1678	2081	Nuno Marques	00:34:46	01:06:28	01:06:14	1691	Porcalhota Team - Falagueira Venda Nova	V45	219
1679	870	André Costa	00:33:28	01:06:29	01:06:05	1684		V40	197
1680	562	Fernando Marques	00:33:00	01:06:30	01:06:24	1692		Senior	223
1681	1175	Ana Roque	00:34:17	01:06:35	01:05:56	1676	ADRR - Associação Desportiva Recreativa O Relâmpago	V45	72
1682	1808	Nuno Gonçalves	00:33:40	01:06:38	01:05:58	1679	KeepRunning	V70	10
1683	1413	Mariana Matos	00:33:31	01:06:44	01:06:29	1700		Senior	80
1684	695	Nuno Galvão	00:30:29	01:06:45	01:06:32	1703	SIMECQ	V60	83
1685	362	Victória Mata	00:33:28	01:06:46	01:06:24	1693		V70	3
1686	942	Carla Vaz	00:33:58	01:06:48	01:06:12	1687	Clube Millennium Bcp	V50	56
1687	2094	Hugo Sousa	00:35:04	01:06:48	01:06:07	1685		V40	198
1688	1070	Cristina Oliveira	00:33:21	01:06:49	01:05:59	1681		Senior	81
1689	71	Manuel Cruz	00:33:19	01:06:50	01:06:00	1682		V55	121
1690	1323	Catarina Vieira	00:34:01	01:06:50	01:06:13	1688		V40	85
1691	1840	Miguel Cocco	00:34:00	01:06:50	01:06:13	1689		V50	181



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1692	1420	Ana Gomes	00:34:25	01:06:50	01:06:13	1690		V50	57
1693	422	Fernando Sousa	00:33:55	01:06:51	01:06:25	1694		V35	197
1694	421	Joana Costa	00:33:58	01:06:52	01:06:27	1697		V35	55
1695	1117	Ricardo Neves	00:34:06	01:06:55	01:06:26	1695	Grupo Desportivo Santander Totta	V45	220
1696	1118	Ana Santos	00:34:06	01:06:55	01:06:26	1696	Grupo Desportivo Santander Totta	V50	58
1697	81	André Afonso	00:33:19	01:06:59	01:06:29	1699	OutSystems	V40	199
1698	1288	Vitor Rodrigues	00:32:32	01:07:00	01:06:34	1704		V70	11
1699	2289	Anabela Narciso	00:34:11	01:07:01	01:06:30	1702		V60	11
1700	1036	Cristina Teixeira	00:33:10	01:07:04	01:06:57	1715		V40	86
1701	1874	Denilson Paquete	00:34:45	01:07:07	01:06:30	1701		V35	198
1702	1076	Teresa Reis	00:34:36	01:07:08	01:06:39	1705	MTT MONTES SALOIOS	V45	73
1703	339	Raquel Assis	00:33:11	01:07:13	01:06:28	1698		Senior	82
1704	916	Patricia Limbert	00:34:45	01:07:15	01:06:43	1706		V50	59
1705	919	Nuno Piedade	00:34:46	01:07:15	01:06:44	1707		V50	182
1706	595	Pedro Santos	00:34:43	01:07:16	01:06:54	1712		V40	200
1707	212	Cláudia Marques	00:34:43	01:07:16	01:06:54	1713		V40	87
1708	1112	José Roseiro	00:34:50	01:07:25	01:06:57	1716		V65	32
1709	1487	João Alves	00:33:24	01:07:32	01:07:21	1721		V45	221
1710	887	Pedro Barata	00:33:48	01:07:35	01:07:26	1724		Senior	224



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1711	1168	Joana Almeida	00:33:48	01:07:35	01:07:27	1725		Senior	83
1712	547	Paulo Campos	00:34:07	01:07:37	01:06:49	1709	GDC Banco de Portugal	Senior	225
1713	2009	Margarida Ratinho	00:35:12	01:07:39	01:06:44	1708		Senior	84
1714	2209	Mónica Lopes	00:33:52	01:07:40	01:07:33	1729		V50	60
1715	1994	Rosalia Varela	00:33:52	01:07:40	01:07:33	1730		V45	74
1716	1209	Rui Alves	00:34:24	01:07:43	01:07:14	1720		V45	222
1717	1210	Elisa Alves	00:34:27	01:07:44	01:07:13	1719		V45	75
1718	2267	Gonçalo Oliveira	00:35:05	01:07:44	01:07:03	1718		V60	84
1719	317	Elias Junior	00:35:37	01:07:45	01:06:52	1711		Senior	226
1720	548	Andreia Parreira	00:34:06	01:07:45	01:06:56	1714	GDC Banco de Portugal	Senior	85
1721	2300	Naia Villagra	00:33:44	01:07:46	01:06:50	1710		V40	88
1722	395	Virgílio Rodrigues	00:34:26	01:07:47	01:07:30	1726	Club Football Estrela	V75	4
1723	1101	Tiago Alves	00:30:49	01:07:49	01:07:25	1723	Sangria Runners	V45	223
1724	851	Antonio Fonseca	00:33:33	01:07:59	01:07:40	1732		V75	5
1725	679	Paulo Quaresma	00:34:38	01:08:01	01:07:43	1737	Veteranos de Massama	V65	33
1726	2088	Sonia Nunes	00:35:01	01:08:04	01:07:34	1731		V45	76
1727	1290	Elsa Martins	00:34:19	01:08:09	01:07:42	1736		V45	77
1728	334	Carlos Mendes	00:33:19	01:08:12	01:07:44	1738		V45	224
1729	1071	Nuno Botelho	00:33:37	01:08:13	01:08:07	1750		V50	183



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1730	1066	Cristina Reis	00:33:37	01:08:13	01:08:08	1751		V55	32
1731	252	Ricardo Nobre	00:29:51	01:08:13	01:08:00	1747		V40	201
1732	723	André Viseu	00:29:51	01:08:14	01:08:02	1748	SIMECQ	Senior	227
1733	2078	Miguel Pereira	00:32:35	01:08:16	01:08:04	1749	Porcalhota Team - Falagueira Venda Nova	V45	225
1734	510	Anabela Semedo	00:35:05	01:08:17	01:07:33	1728		V45	78
1735	507	Hugo Serra	00:36:14	01:08:17	01:07:32	1727		V45	226
1736	2219	Ana Henriques	00:34:12	01:08:18	01:07:41	1733		V35	56
1737	1437	Joana Maria	00:34:09	01:08:19	01:07:41	1734		Senior	86
1738	1369	Eramilde Lima	00:34:08	01:08:21	01:07:42	1735		Senior	228
1739	2196	António Apolónio	00:35:11	01:08:22	01:07:58	1745	MTT MONTES SALOIOS	V45	227
1740	1051	Fernando Gouveia	00:34:10	01:08:22	01:07:44	1739		Senior	229
1741	2195	Vera Pinto	00:35:11	01:08:23	01:08:00	1746	MTT MONTES SALOIOS	V40	89
1742	1967	Pedro Ferreira	00:33:37	01:08:25	01:07:54	1744	Vinho com moderação	V40	202
1743	2014	Pedro Lourenço	00:33:38	01:08:27	01:07:54	1743	Vinho com moderação	V35	199
1744	2253	Adriele Sousa	00:34:19	01:08:28	01:08:14	1753		Senior	87
1745	2186	Lais Paula	00:34:19	01:08:28	01:08:15	1754		Senior	88
1746	1689	Susana Costa	00:34:42	01:08:33	01:08:20	1756		V40	90
1747	1474	Gonçalo Rebelo	00:32:11	01:08:37	01:08:24	1757		V65	34
1748	1990	Sofia Barbino	00:39:41	01:08:38	00:59:47	1436		V45	79



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1749	1584	Clara Nunes	00:31:06	01:08:39	01:07:48	1741		V50	61
1750	1586	John Gilsean	00:31:00	01:08:39	01:07:49	1742		V50	62
1751	1585	Maia Gilsean	00:32:29	01:08:39	01:07:48	1740		Senior	89
1752	1431	Karina Barcelos	00:35:03	01:08:43	01:06:57	1717		V40	91
1753	299	Mariana Soares	00:34:30	01:08:43	01:08:16	1755		V70	4
1754	531	Lisbeth Hernández	00:33:50	01:08:48	01:08:35	1766		V50	63
1755	380	Virgílio Mata	00:34:55	01:08:51	01:08:27	1759		V70	12
1756	845	Rui Vaz	00:34:05	01:08:53	01:08:28	1761		V45	228
1757	2024	João Diogo	00:32:48	01:09:00	01:08:39	1767		Junior	23
1758	1033	Miguel Sanches	00:34:55	01:09:03	01:08:13	1752		V65	35
1759	857	Laurinda Castro	00:35:42	01:09:04	01:08:55	1769		V65	6
1760	1859	António Monteiro	00:35:14	01:09:06	01:08:25	1758	Clube Ferroviário de Portugal	V75	6
1761	370	Gilberto Gonçalves	00:35:32	01:09:07	01:08:27	1760		V75	7
1762	2119	Mateus Ferreira	00:32:36	01:09:16	01:09:06	1773		Senior	230
1763	966	Vasco Ourelo	00:34:03	01:09:20	01:09:05	1771	Clube Millennium Bcp	V45	229
1764	945	Eduardo Vilhena	00:34:03	01:09:20	01:09:05	1772	Clube Millennium Bcp	V55	122
1765	1144	Sílvia Lopes	00:36:15	01:09:22	01:08:59	1770		V45	80
1766	233	Ana Lopes	00:34:38	01:09:30	01:08:33	1762	Correr Queluz	Senior	90
1767	276	Rui Cardoso	00:34:33	01:09:30	01:09:22	1776		V45	230



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1768	1895	Miguel Ramalho	00:31:57	01:09:30	01:08:44	1768		V40	203
1769	281	Gonçalo Cardoso	00:34:52	01:09:30	01:09:22	1777		Junior	24
1770	232	Carlos Fonseca	00:34:37	01:09:30	01:08:34	1763	Correr Queluz	V35	200
1771	263	Teresa Cebola	00:34:37	01:09:31	01:08:34	1764	Correr Queluz	Senior	91
1772	264	Ricardo Martins	00:34:38	01:09:32	01:08:34	1765	Correr Queluz	V35	201
1773	1035	Helena Marques	00:36:06	01:09:41	01:09:34	1781		V45	81
1774	1799	Constança Pereira	00:34:30	01:09:43	01:09:25	1778		Senior	92
1775	216	Ana Dias	00:34:55	01:09:56	01:09:11	1775		V50	64
1776	176	Sérgio Ribeiro	00:34:57	01:09:56	01:09:11	1774		V45	231
1777	2015	Pedro Ferraz	00:36:08	01:10:02	01:09:31	1780	Vinho com moderação	V45	232
1778	2016	Ricardo Brotas	00:36:09	01:10:02	01:09:30	1779	Vinho com moderação	V45	233
1779	561	Nuno Caramelo	00:35:05	01:10:04	01:09:48	1787		V50	184
1780	2160	Amanda Beltrão	00:35:23	01:10:10	01:09:38	1782		V35	57
1781	2161	Alexandre Andrada	00:36:11	01:10:12	01:09:50	1790		V40	204
1782	171	Sonia Rebelo	00:35:05	01:10:12	01:10:08	1795		V50	65
1783	302	Vera Aparício	00:34:51	01:10:16	01:10:04	1792		V45	82
1784	1171	Graça Nobre	00:36:08	01:10:16	01:09:48	1789	Alverca Urban Runners	V65	7
1785	1044	Ana Apolinário	00:36:09	01:10:17	01:09:48	1788	Alverca Urban Runners	V50	66
1786	2149	Edney Costa	00:35:16	01:10:20	01:07:24	1722		Senior	231



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1787	1709	Alesander Barreira	00:33:52	01:10:26	01:09:41	1783		Senior	232
1788	2041	Ana Filipa	00:35:41	01:10:30	01:09:43	1786		Senior	93
1789	1596	Miguel Neto	00:35:41	01:10:30	01:09:42	1784		Senior	233
1790	1041	Samira Lima	00:35:02	01:10:30	01:10:05	1793		V35	58
1791	669	Sergio Almeida	00:34:22	01:10:32	01:10:08	1794		V40	205
1792	394	Armando Tavares	00:34:46	01:10:33	01:10:13	1796	Club Football Estrela	V75	8
1793	1184	Maria Tavares	00:35:49	01:10:38	01:10:19	1799		V55	33
1794	640	Ivanka Valcheva	00:36:11	01:10:38	01:09:42	1785		V45	83
1795	789	Mário Lameirão	00:35:52	01:10:38	01:10:15	1797	Casa do Benfica em Algueirão Mem Martins	V75	9
1796	1050	Maria Craveiro	00:35:52	01:10:38	01:10:16	1798		V50	67
1797	1347	Ana José	00:36:04	01:10:49	01:10:19	1800	Venteiras	V45	84
1798	1348	Miguel Caratão	00:36:04	01:10:49	01:10:19	1801	Venteiras	V45	234
1799	142	Tânia Rodrigues	00:35:46	01:10:55	01:10:34	1802	Team Serrano Rodrigues	V40	92
1800	1379	Nuno Barradas	00:37:13	01:10:59	01:10:02	1791		V60	85
1801	1760	Sofia Ferreira	00:36:25	01:11:05	01:11:00	1806	100pernas	V55	34
1802	2090	Pedro Janeiro	00:35:01	01:11:07	01:10:51	1804		V35	202
1803	1706	Alexandre Martins	00:42:12	01:11:08	00:58:40	1384		V45	235
1804	1124	Paulo Coelho	00:34:40	01:11:29	01:11:18	1812	Grupo Desportivo Santander Totta	V60	86
1805	513	Cristina Soares	00:37:08	01:11:35	01:10:57	1805	TREVO4FOLHAS	V60	12



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1806	699	Vitor Vital	00:34:46	01:11:50	01:11:42	1816	SIMECQ	V60	87
1807	1122	Ivo Lima	00:36:07	01:11:51	01:11:22	1813	Grupo Desportivo Santander Totta	V45	236
1808	693	Maria Silva	00:34:47	01:11:51	01:11:43	1817	SIMECQ	V65	8
1809	2064	André Gameiro	00:33:59	01:11:53	01:11:09	1809		Senior	234
1810	1545	Luís Alves	00:36:23	01:11:55	01:11:09	1807		V60	88
1811	1548	João Pinto	00:36:23	01:11:55	01:11:09	1808		V60	89
1812	1877	Yiyi Zhu	00:36:17	01:12:00	01:11:13	1811		Senior	94
1813	591	Ana Morais	00:36:15	01:12:01	01:11:26	1814	GDCT-INCM	V45	85
1814	804	António Mateus	00:37:24	01:12:04	01:11:49	1819	Os Zatopeques	V80	2
1815	268	Rodrigo Almeida	00:36:32	01:12:07	01:11:11	1810	União Desportiva de Alfoanelos	V40	206
1816	1543	Salomé Matos	00:36:30	01:12:10	01:11:51	1820		V40	93
1817	78	Joana Chouriço	00:36:17	01:12:16	01:12:15	1825	Running Club Santa Casa	V60	13
1818	210	Adriano Cunha	00:36:31	01:12:17	01:11:35	1815		V70	13
1819	1494	Americo Cardoso	00:35:15	01:12:23	01:12:06	1823		V55	123
1820	1643	Ruben Franco	00:36:30	01:12:27	01:12:04	1821	ADRC Mata de Benfica	Senior	235
1821	1644	Leonor Catita	00:36:31	01:12:27	01:12:05	1822	ADRC Mata de Benfica	Senior	95
1822	2268	Natalia Serdiukova	00:37:26	01:12:37	01:12:28	1830		V65	9
1823	1749	Dário Santos	00:36:59	01:12:49	01:12:22	1826	QUINTINO REAL ESTATE	V45	237
1824	2157	Jessica Silva	00:36:51	01:12:51	01:12:24	1827		Senior	96





SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1825	2137	Nicole Ribeiro	00:37:26	01:12:51	01:12:11	1824		V40	94
1826	165	Rui Santos	00:35:35	01:12:58	01:12:48	1834		V45	238
1827	164	Paulo Moutinho	00:35:34	01:12:58	01:12:48	1833		V50	185
1828	512	Tatiana Ildefonso	00:36:32	01:13:04	01:12:26	1828		V40	95
1829	1598	Carlos Coelho	00:36:31	01:13:05	01:12:27	1829		V35	203
1830	482	Raquel Pinheiro	00:36:09	01:13:06	01:13:02	1836	Grupo Recreativo e Desportivo da Ribeira da Lage	Senior	97
1831	1446	Antonio Moura	00:37:13	01:13:16	01:13:14	1840		V65	36
1832	944	Delfina Alexandre	00:36:15	01:13:30	01:12:58	1835	Clube Millennium Bcp	V55	35
1833	836	Marta Emidio	00:36:11	01:13:32	01:12:44	1831		V40	96
1834	2155	Silvestre Lopes	00:37:09	01:13:37	01:10:42	1803		V35	204
1835	813	Teresa Moreno	00:35:16	01:13:41	01:13:37	1847		V55	36
1836	1393	Marco Vitorino	00:36:20	01:13:42	01:13:30	1842		V35	205
1837	1394	Valter Vitorino	00:36:12	01:13:43	01:13:31	1843		V45	239
1838	1109	Luisa Santos	00:37:42	01:13:43	01:13:15	1841		V55	37
1839	829	Sara Reis	00:35:16	01:13:43	01:13:39	1848		V45	86
1840	778	Ana Machado	00:37:45	01:13:43	01:13:10	1839		V55	38
1841	2111	Joana Carvalho	00:38:14	01:13:45	01:13:06	1837		Junior	5
1842	1886	José Carvalho	00:38:15	01:13:45	01:13:06	1838		V50	186
1843	83	Catarina Avelar	00:36:35	01:13:46	01:13:36	1845	OutSystems	Senior	98



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1844	228	Joaquim Avelar	00:36:35	01:13:46	01:13:37	1846		V60	90
1845	1354	Ana Carvalho	00:37:22	01:13:59	01:13:35	1844		V55	39
1846	2285	José Pereira	00:36:11	01:14:04	01:13:59	1853		V50	187
1847	1811	Iuliia Kesler	00:37:10	01:14:15	01:13:58	1852		V35	59
1848	731	Otilia Rosado	00:34:52	01:14:16	01:14:05	1854	CCDTMetroLX	V50	68
1849	597	Maria Duarte	00:36:39	01:14:21	01:13:41	1849		Senior	99
1850	1208	Rita Lacerda	00:37:09	01:14:22	01:14:13	1856		V40	97
1851	795	Joaquim Fonseca	00:37:21	01:14:24	01:13:53	1851	federação da família para a Paz Mundial e Unificação	V65	37
1852	1655	Filipe Santana	00:35:36	01:14:26	01:13:44	1850		V40	207
1853	1669	Daniela Monteiro	00:36:51	01:14:30	01:14:15	1857		V45	87
1854	1068	João Miguel	00:38:21	01:14:55	01:14:37	1859		V85	2
1855	2125	Francisco Martins	00:39:27	01:14:59	01:14:58	1863		V40	208
1856	1115	João Peliganga	00:37:13	01:14:59	01:14:24	1858		V40	209
1857	2226	José Filipe	00:38:42	01:15:02	01:11:45	1818		V35	206
1858	831	Ronaldo Arenque	00:36:19	01:15:05	01:14:13	1855		V60	91
1859	665	Nuno Alves	00:36:00	01:15:14	01:14:52	1860		V60	92
1860	2100	Francisco Silva	00:36:00	01:15:16	01:14:55	1862		V55	124
1861	1595	Helena Marques	00:37:22	01:15:30	01:15:24	1865		V45	88
1862	2172	Dulce Mangova	00:39:14	01:15:39	01:12:47	1832		V40	98



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1863	636	Angela Pinho	00:37:31	01:15:42	01:15:31	1867		V35	60
1864	998	João Matias	00:38:23	01:15:46	01:14:54	1861		V35	207
1865	730	Orlando Sousa	00:38:23	01:16:05	01:15:22	1864	CCDTMetroLX	V60	93
1866	2212	Ruben Borbinha	00:37:17	01:16:22	01:15:30	1866		Junior	25
1867	1919	Hernani Silva	00:37:20	01:16:28	01:16:09	1873		V50	188
1868	678	Manuel Azevedo	00:38:38	01:16:35	01:15:55	1869	Veteranos de Massama	V65	38
1869	1265	Maria Sebastião	00:38:23	01:16:43	01:16:02	1871	CF Os Belenenses	V40	99
1870	2092	Emanuelle Chaves	00:39:37	01:16:46	01:15:46	1868		Senior	100
1871	1315	Adelina Silva	00:37:44	01:16:46	01:16:31	1875		V55	40
1872	1316	Pedro Viana	00:40:06	01:17:04	01:16:02	1872		Senior	236
1873	2091	Bryan Silva	00:40:06	01:17:04	01:15:59	1870		Senior	237
1874	530	Diogo Correia	00:37:58	01:17:05	01:16:44	1877		Senior	238
1875	1987	Claudia Rodrigues	00:39:10	01:17:16	01:16:58	1878		V40	100
1876	2116	António Henriques	00:38:37	01:17:16	01:16:23	1874		V60	94
1877	589	José Epifânio	00:38:31	01:17:31	01:17:12	1880	GDCT-INCM	V40	210
1878	297	Nuno Carvalho	00:39:03	01:17:36	01:16:40	1876		V50	189
1879	509	Carlos Rocha	00:38:44	01:17:39	01:17:18	1882		V50	190
1880	508	Sandra Silva	00:38:44	01:17:39	01:17:18	1881		V45	89
1881	2265	Darik Vieira	00:44:28	01:17:46	01:05:13	1648	TR SPORTS	Senior	239



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1882	1889	Marisa Carpinteiro	00:38:39	01:17:49	01:17:40	1886		V45	90
1883	2121	Carla Simões	00:38:21	01:17:57	01:17:22	1883		V50	69
1884	1865	Aya Hijazi	00:39:05	01:18:00	01:17:23	1884	Bonecada	Senior	101
1885	1105	Antonio Jorge	00:38:46	01:18:06	01:17:29	1885		V65	39
1886	1793	Amanda Silva	00:40:46	01:18:06	01:17:11	1879		Senior	102
1887	630	Ana Souza	00:38:28	01:18:46	01:18:37	1894		Senior	103
1888	1410	Mayara Silva	00:38:27	01:18:47	01:17:52	1887	União Desportiva de Alfoanelos	V35	61
1889	949	Fernando Ferreira	00:39:59	01:18:56	01:18:29	1892	Clube Millennium Bcp	V75	10
1890	947	Emiliana Loureiro	00:40:00	01:18:56	01:18:29	1893	Clube Millennium Bcp	V40	101
1891	2252	Vitor Teixeira	00:39:42	01:19:02	01:18:24	1891	100Folgo	Senior	240
1892	2251	Jessica Pinto	00:39:43	01:19:03	01:18:24	1890	100Folgo	Senior	104
1893	1772	Maria Ferreira	00:39:57	01:19:03	01:18:12	1888		V50	70
1894	910	Rui Santos	00:39:04	01:19:04	01:18:23	1889		Senior	241
1895	1771	António Coelho	00:41:05	01:19:46	01:18:55	1895		V50	191
1896	1829	Olga Palma	00:38:29	01:19:52	01:19:41	1901		V45	91
1897	200	Rosa Figueiredo	00:40:38	01:19:52	01:19:32	1899		Senior	105
1898	1830	Fernando Palma	00:38:28	01:19:52	01:19:41	1902		V45	240
1899	227	Alexandre Sandinha	00:40:38	01:19:52	01:19:32	1898		V35	208
1900	435	Luis Antunes	00:40:26	01:19:58	01:19:32	1897		V60	95



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1901	2214	Francisca Silva	00:39:35	01:20:00	01:19:39	1900		V40	102
1902	2067	Maria Silva	00:36:45	01:20:16	01:20:15	1904	Porcalhota Team - Falagueira Venda Nova	V65	10
1903	2047	Miguel Caetano	00:39:08	01:20:24	01:19:31	1896		Senior	242
1904	2170	Larissa Lira	00:40:36	01:20:52	01:19:54	1903		Senior	106
1905	267	Carlos Rodrigues	00:40:38	01:21:30	01:20:50	1905	União Desportiva de Alfoanelos	V45	241
1906	320	André Madaleno	00:38:46	01:21:32	01:21:18	1907		V35	209
1907	184	Rui Santos	00:40:56	01:21:35	01:21:13	1906		V50	192
1908	2269	Oleg Unichenko	00:42:00	01:21:53	01:21:44	1911		V65	40
1909	756	João Santos	00:40:41	01:22:00	01:21:28	1910	Clube EDP - Lisboa	V55	125
1910	2032	Lucinda Henriques	00:25:44	01:22:02	01:22:01	1912		V75	2
1911	2254	Sonia Rodrigues	00:40:18	01:22:07	01:21:20	1908		V40	103
1912	1382	Manuel Catarino	00:38:25	01:22:08	01:21:24	1909		V35	210
1913	1731	José Lindo	00:37:58	01:22:38	01:22:37	1913		V75	11
1914	341	Mariana Bizarro	00:43:14	01:23:27	01:22:45	1914		V45	92
1915	2188	Manuel Veiga	00:41:04	01:23:33	01:23:27	1917		V70	14
1916	526	Pedro Serra	00:42:38	01:23:49	01:23:05	1915		V50	193
1917	527	Dewi Handayanie	00:42:37	01:23:49	01:23:06	1916		V40	104
1918	1192	Mário Santiago	00:31:27	01:23:56	01:23:40	1919		V60	96
1919	439	Isilda Rabasquinho	00:42:06	01:23:56	01:23:28	1918		V55	41



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1920	2284	Rute Dias	00:42:06	01:23:57	01:23:45	1920		V35	62
1921	823	Rui Filipe	00:42:15	01:24:13	01:23:56	1921		V40	211
1922	770	Rita Fernandez	00:41:52	01:24:55	01:24:09	1922		V40	105
1923	558	Rui Melão	00:43:14	01:25:00	01:24:18	1923		V55	126
1924	487	Herminio Cabeceira	00:42:16	01:25:13	01:24:55	1924	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	97
1925	488	Celeste Almeida	00:42:17	01:25:14	01:24:55	1925	Grupo Recreativo e Desportivo da Ribeira da Lage	V60	14
1926	585	Maria Condeço	00:43:24	01:26:26	01:26:22	1926		V60	15
1927	1065	Maria Moura	00:43:34	01:26:50	01:26:40	1927		V50	71
1928	583	Joaquim Barrocas	00:43:35	01:26:50	01:26:41	1928	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS	V70	15
1929	1998	Eduardo Alves	00:44:50	01:27:52	01:27:24	1930		V45	242
1930	1095	Margarida Machado	00:43:42	01:27:54	01:27:38	1931	Wikaboo	V50	72
1931	830	Paula Pinheiro	00:44:54	01:27:54	01:27:11	1929		V55	42
1932	1216	Eva Soares	00:50:41	01:28:01	01:27:39	1932		V40	106
1933	1219	Susana Ribeiro	00:50:42	01:28:02	01:27:39	1933		V45	93
1934	882	Elvira Venâncio	00:45:03	01:28:22	01:27:54	1934		V70	5
1935	2127	Octávio Amaro	00:43:23	01:28:22	01:27:56	1935		V40	212
1936	1073	Catarina Costa	00:44:44	01:29:17	01:28:31	1936		V35	63
1937	864	Nuno Moreira	00:46:54	01:29:47	01:29:17	1937	Alverca Urban Runners	V40	213
1938	865	Anabela Pinto	00:46:54	01:29:47	01:29:17	1938	Alverca Urban Runners	V40	107



SÃO CORRIDA  
SILVESTRE  
AMADORA

# CLASSIFICAÇÃO 2024

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1939	407	João Lima	00:44:40	01:30:00	01:29:35	1939	Correr Queluz	Senior	243
1940	1715	Paulo Almeida	00:45:55	01:30:25	01:30:17	1941		V55	127
1941	1765	Cândida Silva	00:45:57	01:30:25	01:30:18	1942		V50	73
1942	1767	Lucélia Sousa	00:45:57	01:30:25	01:30:18	1943		V40	108
1943	1482	Fátima Barros	00:44:23	01:31:26	01:31:00	1944		V50	74
1944	1481	Paulo Belchior	00:44:25	01:31:28	01:31:02	1945		V55	128
1945	2215	Rui Fernandes	00:46:32	01:31:40	01:31:17	1946		V50	194
1946	2175	Lady Lopes	00:47:51	01:32:36	01:29:39	1940		V35	64
1947	2129	Laura Violeta	00:47:51	01:32:36	01:32:35	1947		V40	109
1948	319	Ricardo Reis	00:47:17	01:34:39	01:33:46	1948		V35	211
1949	440	Joao Malagueiro	00:44:32	01:35:00	01:34:27	1949		V55	129
1950	2213	Dina Costa	00:46:37	01:35:42	01:35:18	1950		V50	75
1951	1769	Micaela Coelho	00:47:20	01:37:25	01:37:19	1951		V35	65
1952	833	Filipe Cristovão	00:47:41	01:38:38	01:38:05	1953		V40	214
1953	982	Paulo Ferreira	00:47:42	01:38:38	01:38:05	1952		V40	215